

Nassau Coaches Inviational - 4/22/2023

Cold Spring Harbor High School

Results

Girls 100 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Portes, Kayla	9 Island Trees	13.20 1.2
2	Horsford, Richelle	10 Spring Creek	13.23 1.6
3	Perillo, Ysabelle	9 General Doug	13.38 1.6
4	Sohl, Sarah	9 Farmingdale	13.40 1.6
5	Terry, Adriana	10 St. Francis	13.47 1.2
6	Raymond, Gabriella	10 Sayville	13.73 1.6
7	Leachman, Shiloh	10 Riverhead	13.84 1.6
8	McGowan, Brianna	10 Island Trees	13.87 1.2
9	Stanton, Samantha	10 Farmingdale	14.10 1.2
10	Adams, Anya	9 Plainedge	14.12 1.3
11	Harris-Griffin, Jada	10 Riverhead	14.13 1.3
12	Demosthenes, Sanaa	9 Malverne	14.30 1.2
13	Taylor, Kierra	10 Walt Whitman	14.45 2.0
14	Ludwig, Erin	9 Plainedge	14.46 0.6
15	Guzzardo, Sophia	10 Saint Anthon	14.53 1.0
16	Glasco, Miley	8 Roslyn	14.56 1.2
17	St. Croix, Jayla	10 Walt Whitman	14.57 2.0
18	Grego, Madison	9 Saint Anthon	14.59 1.3
19	Monroe, Jasmine	10 Academy Char	14.80 1.3
20	Kudrick, Mariah	9 Saint Anthon	14.92 0.4
21	Brown, Carle'a	9 Academy Char	14.93 1.0
22	Kiefer, Ella	8 Cold Spring	14.93 1.3
23	Barry, Cara	9 Saint Anthon	14.94 0.4
24	Martin, Valerie	9 Seaford	14.96 1.0
25	Kagen, Kylie	10 Island Trees	15.00 1.5
26	Hashmi, Sophia	9 General Doug	15.00 1.3
27	Bolognini, Sophia	9 Massapequa	15.05 0.6
28	Barnes, Madison	9 Malverne	15.10 1.2
29	Alvarado, Heather	10 Glen Cove	15.13 0.4
30	Clayton, Mikayla	10 Malverne	15.14 1.0
31	Smikle, Nikyla	10 Roslyn	15.17 0.6
32	Piazza, Angelina	10 Wellington C	15.18 1.2
33	Amorde, Zahara	10 Walt Whitman	15.19 2.0
34	He, Olivia	9 East Meadow	15.20 1.9
35	Sullivan, Madeline	9 Riverhead	15.20 1.3
36	Sanchez, Kate	10 St. Francis	15.29 0.6
37	Cornea, Violeta	9 St. Francis	15.30 0.4
38	Michel, Gabriella	9 St. Francis	15.32 1.0
39	Delvalle, Kirianna	9 Glen Cove	15.32 1.0
40	Taylor, Kailee	10 Malverne	15.33 1.3
41	DeFreitas, Kelsey	9 Wellington C	15.39 1.2
42	Cameron Beckett, Kristen	9 Malverne	15.57 1.9
43	Kobel, Samantha	10 Saint Anthon	15.59 1.6
44	Zokia, Ava	9 Roslyn	15.61 0.6
45	Whitfield, Jada	9 St. Francis	15.66 1.6

46	Quinto, Mia	9 Paul D. Schr	15.71 1.6
47	Beck, Sophia	10 Wellington C	15.76 1.2
48	Santos, Diana	10 Roslyn	15.77 0.6
49	Ma, Alice	10 Paul D. Schr	15.97 0.4
50	Nicol, Riley	9 Walt Whitman	15.99 1.0
51	Desire, Christy	10 East Meadow	16.03 1.6
52	Descartes, Elizabeth	9 St. Francis	16.06 1.5
53	Hansen, Jaidin	10 Riverhead	16.09 2.4
54	Stewart, Kyra	9 Bayside High	16.11 1.5
55	Eng, Haley	9 Plainedge	16.11 2.4
56	Yajadda, Hanna	9 Sayville	16.17 1.6
57	Meehan, Kylie	10 Seaford	16.19 1.0
58	Park, Yoenjin	10 Roslyn	16.60 1.6
59	Burke, Emma	9 Saint Anthon	16.63 1.0
60	Singh, Mahalia	10 Malverne	16.81 1.9
61	Alcala, Jazline	9 Riverhead	16.84 1.6
62	Reyes, Christa	8 W. Tresper C	16.90 2.4
63	Walton, Brianna	10 Plainedge	17.01 1.9
64	Mitton, Coralie	9 Malverne	17.08 2.0
65	Ronacher, Mia	9 St. Francis	17.09 1.9
66	Chinchilla, Natalie	10 Walt Whitman	17.11 1.0
67	Novak, Yael	12 Roslyn	17.26 1.0
68	Goldstein, Gabrielle	9 Roslyn	17.37 1.3
69	Cioch, Julia	9 Riverhead	17.48 1.5
70	Khanzadeh, Emma	9 Roslyn	17.50 1.9
71	Monsalve, Nicole	10 East Meadow	17.86 2.4
72	Pallone, Ava	10 Plainedge	17.98 1.5
73	Stefas, Effi	9 Roslyn	18.05 1.0
74	Jose, Abigail	9 W. Tresper C	18.34 2.4

Girls 400 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Sandez, Jillian	10 Island Trees	1:01.51
2	Lindquist, Layla	9 St. Francis	1:02.49
3	Portes, Kayla	9 Island Trees	1:02.68
4	Hall, Anaya	10 East Meadow	1:02.70
5	Villalta, Emma	9 Massapequa	1:03.14
6	Stealey, Keira	9 Massapequa	1:04.22
7	Ayello, Geena	10 Massapequa	1:04.90
8	Timmons, Alani	10 St. Francis	1:06.56
9	Dean-Stahl, Abigail	9 Sayville	1:07.13
10	Holt, Paige	10 Seaford	1:07.66
11	Lewis, Elizabeth	10 Paul D. Schr	1:08.28
12	Davis, Grace	10 Walt Whitman	1:08.61
13	Ryan, Jessica	9 Bayside High	1:08.85
14	Vukelic, Sophia	9 Massapequa	1:08.92
15	Persad, Maya	10 East Meadow	1:09.18
16	Olanayan, Dolapo	9 Malverne	1:09.41



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Name	Yr	School	Finals
17 Rehill, Julia	9	Roslyn	1:09.61
18 Weber, Jordan	10	Sayville	1:10.54
19 Beilawski, Anna	9	Paul D. Schr	1:10.79
20 Monahan, Kaitlyn	10	Sayville	1:10.91
21 Aidelogie, Abigail	9	Malverne	1:11.01
22 Parodi, Ellie	10	Paul D. Schr	1:11.05
23 Jacobson, Marli	9	Roslyn	1:11.73
24 Reiter, Jessica	9	Seaford	1:12.06
25 Kerner, Samantha	9	Paul D. Schr	1:12.12
26 Fahmy, Faith	9	Paul D. Schr	1:12.36
27 Conroy, Brigid	9	Saint Anthon	1:12.46
28 Arrons, Addison	9	Paul D. Schr	1:12.80
29 McLaughlin, Keira	9	Massapequa	1:12.84
30 Ren, Jasmine	10	Bayside High	1:12.94
31 Hyman, Haley	9	Paul D. Schr	1:13.19
32 Argueta, Katherine	10	Riverhead	1:13.29
33 Philopose, Sophia	9	Wellington C	1:14.00
34 Rodriguez, Gabriela	9	Saint Anthon	1:14.08
35 LaCombe, Peyton	10	Riverhead	1:14.21
36 Brocco, Vienna	10	East Meadow	1:14.79
37 Mendoza, Jasmin	10	East Meadow	1:14.95
38 D'Alessandro, Michela	9	W. Tresper C	1:15.41
39 Martin, Mikayla	9	Spring Creek	1:15.65
40 Daniele, Sylvie	10	Glen Cove	1:15.73
41 Qadir, Zara	9	East Meadow	1:16.67
42 Hazel, Clover	10	Saint Anthon	1:16.68
43 Park, Yoenjin	10	Roslyn	1:17.00
44 Ma, Alice	10	Paul D. Schr	1:17.31
45 Athanasopoulos, Georgia	10	St. Francis	1:17.37
46 Boston, Riley	10	W. Tresper C	1:17.42
47 Zheng, Emily	9	East Meadow	1:18.01
48 Quinto, Mia	9	Paul D. Schr	1:18.33
49 Michel, Gabriella	9	St. Francis	1:20.02
50 Rahaman, Brianna	10	East Meadow	1:20.03
51 Canel, Sherlyn	9	Riverhead	1:21.15
52 Flores Hernandez, Kimberly	9	Riverhead	1:21.54
53 Williams, Brielle	10	Bayside High	1:23.53
54 Burton, Alexis	10	St. Francis	1:24.15
55 Habte, Ephrata	10	Bayside High	1:24.64
56 Andreou, Anastasi	9	Bayside High	1:25.60
57 Andreou, Penelope	10	Bayside High	1:25.96
58 Amaya Rubio, Jacqueline	9	Riverhead	1:30.90
59 Solarzano, Kathleen	9	Riverhead	1:49.30

Girls 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Benson-Tyler, Samantha	9	Paul D. Schr	2:31.85
		1:15.257 (1:15.257)	2:31.844 (1:16.587)
2 Gildea, Camrynn	9	Massapequa	2:31.90
		1:14.621 (1:14.621)	2:31.895 (1:17.274)
3 Rosso, Madisen	9	Massapequa	2:33.76
		1:15.524 (1:15.524)	2:33.756 (1:18.232)
4 McKinley, Reilly	10	Saint Anthon	2:35.78
		1:14.540 (1:14.540)	2:35.773 (1:21.233)
5 Timmons, Alani	10	St. Francis	2:37.32
		1:16.233 (1:16.233)	2:37.311 (1:21.078)
6 Sandez, Jillian	10	Island Trees	2:37.37
		1:17.218 (1:17.218)	2:37.366 (1:20.148)
7 Quinn, Sarah	10	Farmingdale	2:39.37
		1:16.774 (1:16.774)	2:39.365 (1:22.591)
8 Paplow, Violet	9	General Doug	2:41.39
		1:16.441 (1:16.441)	2:41.384 (1:24.943)
9 Wendt, Cassidy	10	Seaford	2:42.91
		1:22.137 (1:22.137)	2:42.910 (1:20.773)
10 Soja, Teresa	9	St. Francis	2:46.10
		1:20.382 (1:20.382)	2:46.097 (1:25.715)
11 Slobodin, Kaitlynn	10	East Meadow	2:47.50
		1:19.922 (1:19.922)	2:47.500 (1:27.578)
12 Cassarello, Carrie	8	Seaford	2:48.11
		1:22.411 (1:22.411)	2:48.108 (1:25.697)
13 Bogen, Melanie	10	East Meadow	2:48.42
		1:21.810 (1:21.810)	2:48.412 (1:26.602)
14 Quinn, Kaitlyn	10	Farmingdale	2:48.65
		1:21.574 (1:21.574)	2:48.644 (1:27.070)
15 Jacobson, Marli	9	Roslyn	2:49.71
		1:19.573 (1:19.573)	2:49.710 (1:30.137)
16 Clifford, Camryn	9	Plainedge	2:50.22
		1:24.202 (1:24.202)	2:50.220 (1:26.018)
17 Felice, Giuliana	10	St. Francis	2:51.63
		1:22.858 (1:22.858)	2:51.626 (1:28.768)
18 Richardson, Emily	10	Seaford	2:52.61
		1:24.346 (1:24.346)	2:52.609 (1:28.263)
19 Anselmo, Maya	10	Saint Anthon	2:52.70
		1:22.769 (1:22.769)	2:52.693 (1:29.924)
20 Podmore, Julia	9	East Meadow	2:54.60
		1:20.162 (1:20.162)	2:54.594 (1:34.432)
21 Sayaves, Summer	10	General Doug	2:55.72
		1:22.113 (1:22.113)	2:55.718 (1:33.605)
22 Solotoff, Sierra	10	Saint Anthon	2:58.36
		1:26.969 (1:26.969)	2:58.359 (1:31.390)



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Finals ... (Girls 800 Meter Run Frosh/Soph)			
Name	Yr	School	Finals
23 Lindow, Kaitlynn	10	East Meadow	3:00.28 1:27.314 (1:27.314) 3:00.278 (1:32.964)
24 McGowan, Emily	8	Seaford	3:00.43 1:30.813 (1:30.813) 3:00.421 (1:29.608)
25 Rivera, Natalie	9	East Meadow	3:01.99 1:22.123 (1:22.123) 3:01.987 (1:39.864)
26 Amin, Krisha	9	East Meadow	3:02.92 1:23.764 (1:23.764) 3:02.913 (1:39.149)
27 Kilian, Caitlin	9	General Doug	3:03.71 1:32.025 (1:32.025) 3:03.702 (1:31.677)
28 Focarazzo, Charlotte	10	Massapequa	3:04.20 1:27.069 (1:27.069) 3:04.200 (1:37.131)
29 SU, Rui	10	Bayside High	3:05.69 1:32.419 (1:32.419) 3:05.685 (1:33.266)
30 Campbell, Ella	9	General Doug	3:05.86 1:30.114 (1:30.114) 3:05.858 (1:35.744)
31 Markovina, Ivanka	9	Roslyn	3:06.41 1:29.441 (1:29.441) 3:06.408 (1:36.967)
32 Herrera Rodriguez, Zuleika	10	Riverhead	3:06.55 1:31.997 (1:31.997) 3:06.548 (1:34.551)
33 Lai, Allison	10	Bayside High	3:08.55 1:30.469 (1:30.469) 3:08.547 (1:38.078)
34 Monge Berganza, Keylin	10	Riverhead	3:09.15 1:32.131 (1:32.131) 3:09.146 (1:37.015)
35 Sambets, Evy	9	Riverhead	3:11.09 1:33.143 (1:33.143) 3:11.083 (1:37.940)
36 Logan, Gabrielle	10	St. Francis	3:14.72 1:24.945 (1:24.945) 3:14.711 (1:49.766)
37 Sakellis, Christina	10	Bayside High	3:17.74 1:33.478 (1:33.478) 3:17.739 (1:44.261)
38 Andreou, Anastasi	9	Bayside High	3:22.73 1:41.909 (1:41.909) 3:22.726 (1:40.817)
39 Habte, Ephrata	10	Bayside High	3:27.89 1:42.762 (1:42.762) 3:27.884 (1:45.122)
40 Esposito, Olivia	9	Riverhead	3:28.85 1:41.139 (1:41.139) 3:28.841 (1:47.702)
41 Antonio, Evelyn	10	Riverhead	3:29.04 1:38.244 (1:38.244) 3:29.038 (1:50.794)
42 Delaney, Juliane	10	Riverhead	3:30.64 1:41.917 (1:41.917) 3:30.637 (1:48.720)
43 Illares, Naomi	9	Riverhead	3:36.60 1:39.108 (1:39.108) 3:36.600 (1:57.492)
44 Yadegari, Daniella	9	Roslyn	3:41.49 1:44.957 (1:44.957) 3:41.487 (1:56.530)
45 Reyes, Danna	9	Riverhead	3:49.19 1:48.122 (1:48.122) 3:49.187 (2:01.065)



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Girls 1500 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 McKinley, Reilly	10	Saint Anthon	5:20.28
56.601 (56.601)	2:25.136 (1:28.535)	3:56.240 (1:31.104)	
5:20.276 (1:24.037)			
2 Bostick, Beautiful	9	St. Francis	5:25.55
56.770 (56.770)	2:25.391 (1:28.622)	3:58.079 (1:32.688)	
5:25.544 (1:27.465)			
3 Carter, Shannon	9	Massapequa	5:26.65
59.600 (59.600)	2:31.658 (1:32.058)	4:06.251 (1:34.594)	
5:26.643 (1:20.392)			
4 Wuss, Hayli	8	Walt Whitman	5:28.62
1:00.155 (1:00.155)	2:31.210 (1:31.055)	4:05.734 (1:34.524)	
5:28.614 (1:22.880)			
5 Rehill, Julia	9	Roslyn	5:30.22
1:00.649 (1:00.649)	2:32.860 (1:32.212)	4:06.723 (1:33.863)	
5:30.218 (1:23.495)			
6 Garra, Isabella	8	Cold Spring	5:33.93
1:00.749 (1:00.749)	2:32.398 (1:31.649)	4:05.880 (1:33.483)	
5:33.923 (1:28.043)			
7 Rojas, Valentina	9	W. Tresper C	5:41.20
1:00.464 (1:00.464)	2:31.928 (1:31.464)	4:07.359 (1:35.432)	
5:41.196 (1:33.838)			
8 Polakowski, Danielle	9	Riverhead	5:45.90
1:08.077 (1:08.077)	2:42.784 (1:34.708)	4:20.749 (1:37.965)	
5:45.893 (1:25.144)			
9 Grassi, Olivia	9	Farmingdale	5:47.81
1:07.064 (1:07.064)	2:42.242 (1:35.178)	4:19.787 (1:37.545)	
5:47.807 (1:28.020)			
10 Soja, Teresa	9	St. Francis	5:50.14
1:00.303 (1:00.303)	2:31.304 (1:31.002)	4:09.661 (1:38.358)	
5:50.140 (1:40.479)			
11 Rowland, Samantha	10	Farmingdale	5:52.53
1:07.567 (1:07.567)	2:42.816 (1:35.249)	4:21.404 (1:38.589)	
5:52.523 (1:31.119)			
12 Solotoff, Sierra	10	Saint Anthon	5:52.61
1:07.639 (1:07.639)	2:41.808 (1:34.169)	4:20.322 (1:38.514)	
5:52.609 (1:32.288)			
13 Clifford, Camryn	9	Plainedge	5:52.81
1:08.708 (1:08.708)	2:43.022 (1:34.314)	4:21.081 (1:38.059)	
5:52.803 (1:31.723)			
14 Chen, Cindy	10	Walt Whitman	5:55.35
1:07.966 (1:07.966)	2:43.528 (1:35.563)	4:21.568 (1:38.040)	
5:55.342 (1:33.774)			
15 Lettieri, Isabella	9	Wellington C	5:55.62
1:01.015 (1:01.015)	2:35.245 (1:34.230)	4:18.616 (1:43.372)	
5:55.618 (1:37.002)			



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Finals ... (Girls 1500 Meter Run Frosh/Soph)			
Name	Yr	School	Finals
16 Cassarello, Carrie	8	Seaford	5:56.21
1:07.246 (1:07.246)	2:43.201 (1:35.955)	4:22.546 (1:39.345)	
5:56.201 (1:33.655)			
17 Felice, Giuliana	10	St. Francis	6:02.68
1:06.081 (1:06.081)	2:42.458 (1:36.378)	4:22.332 (1:39.874)	
6:02.671 (1:40.339)			
18 Pham, Bayli	9	W. Tresper C	6:04.13
1:08.293 (1:08.293)	2:43.946 (1:35.653)	4:24.753 (1:40.808)	
6:04.129 (1:39.377)			
19 Markovina, Ivanka	9	Roslyn	6:04.77
1:09.159 (1:09.159)	2:44.929 (1:35.770)	4:26.061 (1:41.132)	
6:04.764 (1:38.704)			
20 McAleer, Brianna	10	East Meadow	6:06.57
1:08.524 (1:08.524)	2:46.347 (1:37.823)	4:30.699 (1:44.353)	
6:06.564 (1:35.865)			
21 Fiordalisi, Anna	8	Cold Spring	6:12.86
1:08.558 (1:08.558)	2:46.056 (1:37.498)	4:30.479 (1:44.424)	
6:12.856 (1:42.377)			
22 Gerber, Jennifer	8	Cold Spring	6:13.58
1:08.778 (1:08.778)	2:49.288 (1:40.510)	4:34.473 (1:45.185)	
6:13.578 (1:39.105)			
23 Kilian, Caitlin	9	General Doug	6:14.16
1:10.766 (1:10.766)	2:52.061 (1:41.295)	4:39.644 (1:47.584)	
6:14.153 (1:34.509)			
24 Yosha, Danielle	11	Wellington C	6:14.56
1:08.373 (1:08.373)	2:49.237 (1:40.864)	4:35.649 (1:46.413)	
6:14.559 (1:38.910)			
25 Yadegari, Daniella	9	Roslyn	7:33.09
1:13.076 (1:13.076)	3:16.672 (2:03.597)	5:29.277 (2:12.605)	
7:33.084 (2:03.808)			

Girls 4x100 Meter Relay Frosh/Soph		
Team	Relay	Finals
1 Walt Whitman	A	54.24
2 Riverhead	A	55.18
3 Malverne	A	57.29
4 St. Francis Prep	A	1:01.57

Girls 4x400 Meter Relay Frosh/Soph		
Team	Relay	Finals
1 Paul D. Schr	A	4:32.35
1:03.471 (1:03.471)	2:11.415 (1:07.944)	3:24.582 (1:13.167)
4:32.344 (1:07.762)		

2 Malverne	A	4:45.70
1:11.424 (1:11.424)	2:19.910 (1:08.486)	3:38.623 (1:18.713)
4:45.691 (1:07.068)		
3 Sayville	A	4:45.97
1:08.263 (1:08.263)	2:18.408 (1:10.145)	3:34.729 (1:16.321)
4:45.969 (1:11.240)		
4 Paul D. Schr	B	4:51.33
1:10.275 (1:10.275)	2:23.232 (1:12.957)	3:38.233 (1:15.001)
4:51.322 (1:13.089)		
5 Sayville	B	5:02.23
1:09.753 (1:09.753)	2:28.441 (1:18.688)	3:44.012 (1:15.571)
5:02.228 (1:18.216)		

Girls 4x800 Meter Relay Frosh/Soph		
Team	Relay	Finals
1 Cold Spring Harbor	A	12:55.34
3:18.926 (3:18.926)	6:21.816 (3:02.890)	9:47.573 (3:25.757)
12:55.334 (3:07.761)		

Girls High Jump Frosh/Soph			
Name	Yr	School	Finals
1 Reiter, Jessica	9	Seaford	5-00.00
2 Stringing, Carly	10	Sayville	4-06.00
3 Martin, Valerie	9	Seaford	4-02.00
4 Sarchiapone, Eleanor	9	Saint Anthon	4-00.00
--- Koch, Gabriella	10	East Meadow	NH
--- Manetta, Francesca	10	Saint Anthon	NH
--- Haakonson, Elena	10	Sayville	NH

Girls Pole Vault Frosh/Soph			
Name	Yr	School	Finals
1 Sanchez, Ava	10	Sayville	6-00.00
1 Zokia, Ava	9	Roslyn	6-00.00
--- Wood, Emma	8	Cold Spring	NH
--- Desiderio, Hannah	9	Sayville	NH
--- Franco, Deziree	8	Cold Spring	NH

Girls Pole Vault Jump Off Frosh/Soph			
Name	Yr	School	Finals
--- Sanchez, Ava	10	Sayville	FAIL
--- Zokia, Ava	9	Roslyn	FAIL

Girls Long Jump Frosh/Soph			
Name	Yr	School	Finals
1 Stanton, Samantha	10	Farmingdale	15-06.00 NWI



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Finals ... (Girls Long Jump Frosh/Soph)

Name	Yr	School	Finals
1 Raymond, Gabriella	10	Sayville	15-06.00 NWI
3 Nicholls, Jordyn	9	Walt Whitman	14-07.00 NWI
4 Taylor, Kierra	10	Walt Whitman	14-06.00 NWI
5 Harris-Griffin, Jada	10	Riverhead	14-00.50 NWI
6 Romero, Emely	9	W. Tresper C	13-03.00 NWI
7 LaCombe, Peyton	10	Riverhead	13-02.75 NWI
8 Grego, Madison	9	Saint Anthon	13-00.50 NWI
9 Polakowski, Danielle	9	Riverhead	12-09.50 NWI
10 Koch, Gabriella	10	East Meadow	12-09.25 NWI
11 Richardson, Emily	10	Seaford	12-07.00 NWI
12 Argueta, Katherine	10	Riverhead	11-11.50 NWI
13 Gonzalez, Angelina	10	Walt Whitman	11-03.75 NWI
14 Smikle, Nikyla	10	Roslyn	11-03.50 NWI
15 Mason, Olivia	9	East Meadow	10-06.00 NWI
16 Schnepf, Alexandra	10	Saint Anthon	10-04.50 NWI
17 Rahaman, Brianna	10	East Meadow	9-06.50 NWI
18 He, Olivia	9	East Meadow	9-05.00 NWI

Girls Triple Jump Frosh/Soph

Name	Yr	School	Finals
1 Nicholls, Jordyn	9	Walt Whitman	34-02.00 NWI
2 Taylor, Kierra	10	Walt Whitman	31-01.00 NWI
3 Lucas, Isabella	10	Paul D. Schr	30-02.50 NWI
4 Bieganowski, Maya	10	St. Francis	30-02.00 NWI
5 Haakonson, Elena	10	Sayville	29-06.00 NWI
6 Sanchez, Kate	10	St. Francis	28-01.50 NWI
7 Sanchez, Gabriela	10	St. Francis	27-05.50 NWI
8 Restivo, Kamryn	10	Sayville	26-10.50 NWI
9 Reynolds, Isabella	9	East Meadow	26-08.00 NWI
10 Amorde, Zahara	10	Walt Whitman	26-03.00 NWI
11 Mason, Olivia	9	East Meadow	25-07.00 NWI
12 Gonzalez, Angelina	10	Walt Whitman	25-05.00 NWI
13 Athanasopoulos, Georgia	10	St. Francis	24-11.00 NWI

Girls Shot Put Frosh/Soph

Name	Yr	School	Finals
1 Miles, Delia	10	Walt Whitman	36-08.50
2 Santos, Diana	10	Roslyn	31-06.25
3 Beck, Sophia	10	Wellington C	26-08.00
4 Montealegre, Arianna	10	East Meadow	26-04.00
5 Scubla, Elizabeth	10	Saint Anthon	26-00.00
6 Castonguay, Nicole	10	Massapequa	25-02.25
7 Russo, Jillian	9	Saint Anthon	23-10.00
8 Chery, Marleigh	10	St. Francis	23-09.00
9 Eastwood, Brooke	9	Riverhead	22-11.25

10 Sarchiapone, Eleanor	9	Saint Anthon	22-11.00
11 Szerencsy, Ashley	9	Roslyn	21-05.00
12 Luna, Jacqueline	10	Riverhead	21-04.00
13 Douglas, Maddie	10	Massapequa	21-03.00
14 Schneider, Sylvie	10	Cold Spring	20-11.00
15 Evans, Delilah	10	Riverhead	20-09.50
16 Sarcona, Emilia	9	Roslyn	20-06.50
17 Brown, Emily	9	Seaford	20-03.50
18 Leon, Lidia	10	Riverhead	20-01.75
19 Carter, Ava	9	Riverhead	19-10.50
20 Cherrestal, Aline	9	Spring Creek	18-08.00
21 Goff, Olivia	10	Roslyn	17-01.00
22 Mera, Ivy	9	Saint Anthon	16-04.00
23 Suppa, Juliana	10	Seaford	15-03.25
24 Khanzadeh, Emma	9	Roslyn	14-04.25

Girls Discus Throw Frosh/Soph

Name	Yr	School	Finals
1 Miles, Delia	10	Walt Whitman	91-01
2 Santos, Diana	10	Roslyn	80-00
3 Chery, Marleigh	10	St. Francis	75-07
4 Beck, Sophia	10	Wellington C	69-10
5 Sarcona, Emilia	9	Roslyn	60-05
6 Brown, Emily	9	Seaford	51-05
7 Szerencsy, Ashley	9	Roslyn	49-06
8 Shahid, Umera	10	Seaford	42-01
9 Mera, Ivy	9	Saint Anthon	39-02
10 Sarchiapone, Eleanor	9	Saint Anthon	38-09
11 Goff, Olivia	10	Roslyn	37-08
12 Stefas, Effi	9	Roslyn	37-00
13 Suppa, Juliana	10	Seaford	36-02
14 Schneider, Sylvie	10	Cold Spring	35-06
15 Ketterer, Olivia	9	Cold Spring	33-03
16 Russo, Jillian	9	Saint Anthon	32-10
17 Khanzadeh, Emma	9	Roslyn	27-05

Girls 100 Meter Dash Open

Name	Yr	School	Finals
1 Kemper, Maggie	12	Saint Anthon	12.85 1.7
2 DeJoie, Amelia	10	Saint Anthon	12.89 1.9
3 Olaniyan, Ololade	12	Malverne	12.91 1.9
4 Daley, Camryn	10	Saint Anthon	12.98 1.9
5 Williams, Faith	12	Farmingdale	13.08 1.9
6 Desenchak, Amanda	12	Saint Anthon	13.23 1.7
7 Smith, Kiyana	12	Malverne	13.24 1.9
8 DuBose, Nicolette	12	Island Trees	13.42 1.9
9 Boyce, Khalia	12	Spring Creek	13.55 1.7



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Finals ... (Girls 100 Meter Dash Open)

Name	Yr	School	Finals
10 Platt, Alexya	11	Saint Anthon	13.56 0.9
11 Burton, Janiya	11	Roslyn	13.59 0.9
11 Ming, Milan	11	St. Francis	13.59 1.7
13 Rosado, Elizabeth	11	Garden City	13.72 1.7
14 Sanon, Karen	12	Malverne	13.80 1.7
15 Pogozelski, Sarah	9	Garden City	13.98 0.9
16 Kosciusko, Alexandra	11	Saint Anthon	14.02 -0.2
17 Isobe-Russell, Emma	12	Garden City	14.04 0.9
18 Allen, Calia	11	Roslyn	14.06 0.9
19 Moss, Gianna	11	Saint Anthon	14.39 0.5
20 Kelly, Zenzele	11	Saint Anthon	14.43 -0.2
21 Melgar, Keilyn	12	Academy Char	14.54 0.5
22 McClenahan, Kaitlyn	11	Massapequa	14.56 0.9
23 Pierre, Roseberline	12	Malverne	14.64 -0.1
24 Hodgson, Nyla	11	Saint Anthon	14.67 -0.2
25 Mullooly, Kelly	11	Massapequa	14.70 -0.1
26 Engelmann, Emily	11	Saint Anthon	14.71 -0.2
27 Guirand, Wilbensa	12	Walt Whitman	14.75 -0.2
28 Parrott, Erin	11	Sayville	14.96 0.5
29 Almendarez, Sofia	12	Massapequa	14.99 0.4
30 Godsey, Bailey	11	Riverhead	15.19 1.3
31 Bordi, Gabriella	11	Massapequa	15.20 -0.2
32 Koubek, Juliana	12	Massapequa	15.23 1.3
33 Garcia, Cayla	11	Walt Whitman	15.24 1.3
34 Marner, Aniya	11	Roslyn	15.31 0.4
35 Suazo, Amy	11	Saint Anthon	15.34 1.3
36 Sarcona, Emilia	9	Roslyn	15.36 -0.1
37 Manzo, Isabella	11	Wellington C	15.81 0.4
38 Garcia, Arianna	11	Seaford	15.94 0.5
39 Harbour, Sienna	11	Roslyn	15.94 -0.1
40 Baudo, Eva	12	Cold Spring	16.02 1.5
41 Garraway, Leanne	11	Spring Creek	16.27 0.5
42 Valdespino, Fabiola	12	Riverhead	16.40 2.4
43 Aminov, Ariella	12	Roslyn	16.53 0.5
44 Nelson, Sadie	11	Sayville	16.56 2.4
45 Orellana, Brianna	11	Plainedge	16.78 2.4
46 Appel, Jolie	10	Roslyn	17.13 0.4
47 Morey, Ava	11	Massapequa	17.33 -0.1
48 Miller, Maya	11	Roslyn	18.91 1.5
49 Gonzalez, Angelina	10	Walt Whitman	19.38 1.5
50 Enright, Keira	12	Massapequa	19.85 1.5
51 Gunnip, Taylor	11	Plainedge	20.37 1.5

Girls 200 Meter Dash Open

Name	Yr	School	Finals
1 Kemper, Maggie	12	Saint Anthon	26.46 -2.2

2 Haye, Marissa	12	Malverne	26.92 -2.2
3 Lindquist, Layla	9	St. Francis	26.96 -3.1
4 DeJoie, Amelia	10	Saint Anthon	27.07 -3.1
5 Longobucco, Natalie	10	General Doug	27.09 -2.2
6 Fevrier-Babb, Jordyn	11	Malverne	27.50 -1.7
7 Desousa, Kayla	12	Saint Anthon	27.58 -3.1
8 Olaniyan, Ololade	12	Malverne	27.62 -3.1
9 Desenchak, Amanda	12	Saint Anthon	27.74 -1.8
10 Abatemarco, Ava	12	Cold Spring	27.77 -1.7
11 Perillo, Ysabelle	9	General Doug	27.84 -3.1
12 Sohl, Sarah	9	Farmingdale	27.86 -1.8
13 Burton, Janiya	11	Roslyn	27.93 -3.1
14 DuBose, Nicolette	12	Island Trees	28.02 -3.1
15 Lekanides, Kyra	9	Garden City	28.07 -3.1
16 Platt, Alexya	11	Saint Anthon	28.07 -3.1
17 Davis, Grace	10	Saint Whitman	28.08 -2.2
18 Williams, Faith	12	Farmingdale	28.08 -2.2
19 Portes, Kayla	9	Island Trees	28.33 -3.1
20 Gomes, Sasha	11	St. Francis	28.59 -1.8
21 Sanon, Karen	12	Malverne	28.63 -1.7
22 Smith, Stephanie	11	Garden City	28.88 -2.4
23 Ming, Milan	11	St. Francis	28.88 -1.8
24 Dozier, Mecca	8	Riverhead	29.09 -2.4
25 Ellis, Emma	12	Riverhead	29.20 -1.7
26 McGowan, Brianna	10	Island Trees	29.23 -3.1
26 Stanton, Samantha	10	Farmingdale	29.23 -1.7
28 Adams, Anya	9	Plainedge	29.92 -1.7
29 Glasco, Miley	8	Roslyn	30.07 -2.4
30 Pierre, Roseberline	12	Malverne	30.10 -1.7
31 Melgar, Keilyn	12	Academy Char	30.18 -2.4
32 Rau, Kayal	11	Saint Anthon	30.23 -2.4
33 Widmer, Angelina	10	General Doug	30.23 -2.4
34 Bieganowski, Maya	10	St. Francis	30.85 -2.0
35 Monroe, Jasmine	10	Academy Char	30.85 -2.2
36 Cabrera, Dimira	11	East Meadow	30.89 -0.3
37 Egan, Maeve	8	Riverhead	30.90 -2.4
38 St. Croix, Jayla	10	Walt Whitman	30.95 -1.4
39 Hashmi, Sophia	9	General Doug	31.13 -2.4
40 Grant, Kayla	12	Malverne	31.35 -2.2
41 Brown, Carle'a	9	Academy Char	31.42 -0.3
42 LaRosa, Annabelle	9	General Doug	31.45 -3.7
43 Amorde, Zahara	10	Walt Whitman	31.46 -1.4
44 Philopose, Sophia	9	Wellington C	31.75 -0.3
45 Ventura, Angela	11	Roslyn	31.78 -2.6
46 Piazza, Angelina	10	Wellington C	31.78 -3.7
47 Smikle, Nikyla	10	Roslyn	31.89 -3.7
48 Martin, Mikayla	9	Spring Creek	32.08 -3.7
49 Matos, Janevia	10	Bayside High	32.09 -2.0



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50 DeFreitas, Kelsey 9 Wellington C 32.36 -2.2

Finals ... (Girls 200 Meter Dash Open)

Name	Yr	School	Finals
51 Godsey, Bailey	11	Riverhead	32.38 -2.0
52 Qadir, Zara	9	East Meadow	32.67 -0.3
53 Paplow, Violet	9	General Doug	32.79 -2.2
54 Sealy, Rihanna	9	Walt Whitman	33.24 -1.0
55 Harbour, Sienna	11	Roslyn	33.26 -2.6
56 Ochoa, Abigail	11	St. Francis	33.31 -2.6
57 Zheng, Emily	9	East Meadow	33.47 -1.7
58 Bedoya, Isabel	11	St. Francis	34.58 -2.6
58 Yajadda, Hanna	9	Sayville	34.58 -2.4
60 Stewart, Kyra	9	Bayside High	34.59 -1.7
61 Nicol, Riley	9	Walt Whitman	34.68 -0.3
62 Eng, Haley	9	Plainedge	34.70 -2.0
63 Cameron Beckett, Kristen	9	Malverne	35.17 -1.7
64 Singh, Mahalia	10	Malverne	35.37 -1.7
65 Chang, Addison	11	Wellington C	35.61 -2.4
66 Greilsheimer, Allison	12	Paul D. Schr	36.21 -2.0
67 Mitton, Coralie	9	Malverne	36.23 -2.6
68 Chinchilla, Natalie	10	Walt Whitman	36.81 -1.4
69 Campbell, Ella	9	General Doug	36.93 -2.0
70 Novak, Yael	12	Roslyn	36.96 -1.2
71 Nelson, Sadie	11	Sayville	37.01 -2.4
72 Monsalve, Nicole	10	East Meadow	37.30 -1.2
73 Vanterpool, Nima	10	East Meadow	37.51 -1.2
74 Goldstein, Gabrielle	9	Roslyn	37.58 -1.2
75 Pallone, Ava	10	Plainedge	37.66 -2.0
76 Walton, Brianna	10	Plainedge	37.77 -2.0
77 Manzo, Isabella	11	Wellington C	37.85 -2.4
78 Guevara Aquino, Valeria	11	Walt Whitman	42.01 -1.4
79 Beaumont, Ava	11	Plainedge	42.26 -1.2

Girls 400 Meter Dash Open

Name	Yr	School	Finals
1 Yakaboski, Lindsey	12	Saint Anthon	58.43
2 Heslin, Rory	12	Garden City	59.15
3 Koprowski, Carly	12	General Doug	59.40
4 Desousa, Kayla	12	Saint Anthon	59.99
5 Longobucco, Natalie	10	General Doug	1:00.45
6 Sohl, Sarah	9	Farmingdale	1:01.20
7 Haye, Marissa	12	Malverne	1:02.74
8 Dolan, Amanda	12	Saint Anthon	1:02.75
9 Lekanides, Kyra	9	Garden City	1:02.76
10 McNaboe, riley	10	Garden City	1:03.30
11 Pasqualina, Kayla	11	Garden City	1:04.64
12 Fevrier-Babb, Jordyn	11	Malverne	1:04.95
13 Kade, Sarah	12	Garden City	1:05.05
14 Perkins, Mariah	12	East Meadow	1:06.26



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15	Gerena, Isabella	11	Sayville	1:06.96
16	Smolanick, Katerina	12	Garden City	1:07.86
17	Lee, Jaya	12	Roslyn	1:08.53
18	Rau, Kayal	11	Saint Anthon	1:09.21
19	Kohm, Riley	11	St. Francis	1:09.57
20	Pandolfi, Emma	11	East Meadow	1:09.59
21	Dexter, Ava	12	Sayville	1:09.75
22	Mangan, Casey	11	Massapequa	1:10.38
23	Karavally, Abigail	11	East Meadow	1:11.29
24	Moseley, Isabella	12	Saint Anthon	1:12.30
25	Pulos, Julia	10	Farmingdale	1:12.49
26	Ventura, Angela	11	Roslyn	1:12.69
27	Robinson, Ashira	11	St. Francis	1:14.46
28	Maltempi, Sara	11	Jfk Bellmore	1:14.67
29	Euler, Miah	11	East Meadow	1:15.48
30	Ochoa, Abigail	11	St. Francis	1:18.38
31	Kurtz, Abby	10	Farmingdale	1:20.26
32	Greilsheimer, Allison	12	Paul D. Schr	1:20.30
33	Marner, Aniya	11	Roslyn	1:21.25
34	Bedoya, Isabel	11	St. Francis	1:21.88
35	Vanterpool, Nima	10	East Meadow	1:22.58
36	Jannazzo, Sabrina	11	Plainedge	1:24.89
37	Berrezueta, Randy	11	Roslyn	1:24.94
38	Araujo, Ashley	11	Roslyn	1:25.77
39	Tejada, Angelina	11	East Meadow	1:28.14
40	Intzeylannis, Alexandra	10	Farmingdale	1:28.25
41	Stone, Bianca	11	Wellington C	1:49.47

Girls 800 Meter Run Open

	Name	Yr	School	Finals
Finals				
1	Hall, Zaria	9	East Meadow	2:20.02
	1:11.601 (1:11.601)		2:20.015 (1:08.414)	
2	Jasinski, Megan	10	Cold Spring	2:20.29
	1:11.679 (1:11.679)		2:20.285 (1:08.606)	
3	Heslin, Rory	12	Garden City	2:21.21
	1:11.992 (1:11.992)		2:21.210 (1:09.218)	
4	Carillo, Ashley	10	Paul D. Schr	2:22.18
	1:11.847 (1:11.847)		2:22.173 (1:10.326)	
5	Udell, Kiera	12	Saint Anthon	2:22.73
	1:12.118 (1:12.118)		2:22.726 (1:10.608)	
6	Griffith, Riley	11	Saint Anthon	2:22.75
	1:11.804 (1:11.804)		2:22.747 (1:10.943)	
7	Czoch, Olivia	10	Saint Anthon	2:23.67
	1:12.046 (1:12.046)		2:23.663 (1:11.617)	
8	Rodriguez, Emma	12	Saint Anthon	2:25.91
	1:11.978 (1:11.978)		2:25.902 (1:13.924)	
9	Totevski, Taylor	12	Sayville	2:27.48
	1:12.702 (1:12.702)		2:27.471 (1:14.769)	



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Finals ... (Girls 800 Meter Run Open)

Name	Yr	School	Finals
10 Stanescu, Cristina	12	St. Francis	2:31.46
1:15.480 (1:15.480)	2:31.458 (1:15.978)		
11 Amato, Karolena	9	Saint Anthon	2:31.95
1:15.575 (1:15.575)	2:31.944 (1:16.369)		
12 Widmer, Angelina	10	General Doug	2:32.63
1:15.729 (1:15.729)	2:32.622 (1:16.893)		
13 Maguire, Taylor	8	Garden City	2:36.14
1:18.550 (1:18.550)	2:36.132 (1:17.582)		
14 Yardeni, Isabella	11	Paul D. Schr	2:36.27
1:15.991 (1:15.991)	2:36.267 (1:20.276)		
15 Coles, Annabelle	12	Cold Spring	2:38.45
1:15.216 (1:15.216)	2:38.446 (1:23.230)		
16 Barnett, Paige	11	East Meadow	2:38.66
1:17.150 (1:17.150)	2:38.658 (1:21.508)		
17 Lee, Jaya	12	Roslyn	2:39.06
1:19.446 (1:19.446)	2:39.058 (1:19.612)		
18 Muller, Sadie	11	Paul D. Schr	2:40.12
1:18.628 (1:18.628)	2:40.112 (1:21.484)		
19 Chean, Sydney	12	Garden City	2:40.42
1:16.102 (1:16.102)	2:40.419 (1:24.317)		
20 Vitale, Eva	10	Garden City	2:40.82
1:16.116 (1:16.116)	2:40.819 (1:24.703)		
21 Silverman, Rebecca	12	East Meadow	2:43.05
1:18.270 (1:18.270)	2:43.050 (1:24.780)		
22 O'Rourke, Grace	12	Paul D. Schr	2:43.68
1:18.689 (1:18.689)	2:43.674 (1:24.985)		
23 O'Connor, Theresa	12	St. Francis	2:44.85
1:21.128 (1:21.128)	2:44.841 (1:23.713)		
24 Simbulan, Martine	11	East Meadow	2:47.82
1:20.099 (1:20.099)	2:47.815 (1:27.716)		
25 Podmore, Kaitlyn	12	East Meadow	2:50.75
1:20.993 (1:20.993)	2:50.750 (1:29.757)		
26 Ramirez, Sophia	11	East Meadow	2:51.91
1:22.416 (1:22.416)	2:51.907 (1:29.491)		
27 Barry, Elena	12	Saint Anthon	2:52.30
1:23.005 (1:23.005)	2:52.293 (1:29.288)		
28 Logan, Jocelyn	12	St. Francis	2:52.61
1:24.332 (1:24.332)	2:52.606 (1:28.274)		
29 Reilly, Megan	11	Saint Anthon	2:53.32
1:21.555 (1:21.555)	2:53.317 (1:31.762)		
30 Melville, Lori	11	St. Francis	2:53.82
1:23.176 (1:23.176)	2:53.814 (1:30.638)		
31 Flores, Norma	11	Bayside High	3:00.45
1:23.421 (1:23.421)	3:00.447 (1:37.026)		
32 Canel, Jocelyn	11	Riverhead	3:07.19
1:27.155 (1:27.155)	3:07.182 (1:40.027)		



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33	Grande, Miranda	11	Bayside High	3:09.08
	1:28.874 (1:28.874)		3:09.077 (1:40.203)	
34	Jannazzo, Sabrina	11	Plainedge	3:12.65
	1:28.533 (1:28.533)		3:12.647 (1:44.114)	

Girls 1500 Meter Run Open

Name	Yr	School	Finals
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Finals

1	Widmer, Angelina	10	General Doug	5:07.59
	59.902 (59.902)		2:25.943 (1:26.042)	3:52.592 (1:26.649)
	5:07.588 (1:14.997)			
2	Stanescu, Cristina	12	St. Francis	5:09.36
	59.211 (59.211)		2:25.412 (1:26.202)	3:52.036 (1:26.624)
	5:09.357 (1:17.322)			
3	Mulada, Sofia	10	Cold Spring	5:11.74
	59.573 (59.573)		2:25.694 (1:26.122)	3:52.316 (1:26.622)
	5:11.733 (1:19.418)			
4	Tedesco, Abigail	9	Garden City	5:26.94
	1:01.304 (1:01.304)		2:29.119 (1:27.815)	3:59.694 (1:30.575)
	5:26.933 (1:27.239)			
5	O'Connor, Theresa	12	St. Francis	5:33.94
	1:02.937 (1:02.937)		2:30.016 (1:27.079)	4:00.523 (1:30.508)
	5:33.934 (1:33.412)			
6	Lee, Jaya	12	Roslyn	5:37.83
	1:01.121 (1:01.121)		2:31.078 (1:29.958)	4:07.413 (1:36.335)
	5:37.823 (1:30.410)			
7	Verdon, Emily	12	East Meadow	5:46.22
	1:04.771 (1:04.771)		2:36.952 (1:32.182)	4:12.803 (1:35.852)
	5:46.216 (1:33.413)			
8	Escher, Katherine	11	Garden City	5:46.27
	1:02.076 (1:02.076)		2:34.106 (1:32.030)	4:12.042 (1:37.937)
	5:46.267 (1:34.225)			
9	Logan, Jocelyn	12	St. Francis	5:54.75
	1:03.814 (1:03.814)		2:40.631 (1:36.817)	4:24.238 (1:43.608)
	5:54.744 (1:30.507)			
10	Hutzel, Sara	10	Island Trees	5:55.79
	1:01.968 (1:01.968)		2:37.354 (1:35.387)	4:17.312 (1:39.958)
	5:55.789 (1:38.478)			
11	Verdon, Kate	12	East Meadow	5:56.89
	1:04.969 (1:04.969)		2:40.066 (1:35.097)	4:21.633 (1:41.568)
	5:56.888 (1:35.255)			
12	Aguilar, Elianah	12	W. Tresper C	5:57.66
	1:04.537 (1:04.537)		2:38.829 (1:34.293)	4:20.027 (1:41.198)
	5:57.656 (1:37.629)			
13	Guterrez, Wedelin	11	Riverhead	6:00.42
	1:02.628 (1:02.628)		2:36.219 (1:33.592)	4:17.608 (1:41.389)
	6:00.411 (1:42.803)			

Finals ... (Girls 1500 Meter Run Open)

Name	Yr	School	Finals
14 Veliz, Jasmine	11	Walt Whitman	6:08.28
	1:02.542 (1:02.542)	2:38.661 (1:36.119)	4:21.764 (1:43.104)
	6:08.276 (1:46.512)		
15 Pfaff, Roisin	10	Garden City	6:11.51
	1:04.801 (1:04.801)	2:42.077 (1:37.277)	4:27.786 (1:45.709)
	6:11.507 (1:43.722)		

Girls 100 Meter Hurdles Open

Name	Yr	School	Finals
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Finals

1	Hills, Kaitlyn	12	St. Francis	16.51	1.8
2	Kwas, Kayla	12	Farmingdale	16.89	1.5
3	Ellwood, Jaime	11	Riverhead	16.99	1.7
4	Brown, Leah	12	Seaford	18.10	1.5
5	Parrott, Aislynn	11	Sayville	18.16	1.5
6	Korzonkiewicz, Kaitlyn	9	Saint Anthon	18.42	1.5
7	Marino, Eilise	11	Sayville	18.75	1.5
8	Stephan, Marissa	11	Sayville	18.82	1.7
9	Cotek, Katherina	11	Cold Spring	18.89	2.0
10	Johnson, Ava	11	St. Francis	18.98	2.5
11	Leslie, Sophia	12	St. Francis	19.03	1.7
12	Haggerty, Emily	11	Massapequa	19.29	1.7
13	Pogozelski, Sarah	9	Garden City	19.46	2.5
14	Cynar, Jillian	11	Plainedge	19.48	2.5
15	Guilfoyle, Elizabeth	10	Saint Anthon	19.69	1.7
16	Shahid, Umera	10	Seaford	19.92	2.5
17	Ludwig, Erin	9	Plainedge	19.99	2.5
18	Campagnoulo, Gabriella	10	W. Tresper C	20.01	1.8
19	Corcoran, Courtney	11	Sayville	20.04	1.5
20	Wendt, Cassidy	10	Seaford	20.21	1.8
21	Koch, Gabriella	10	East Meadow	20.23	1.8
22	Glasco, Miley	8	Roslyn	20.30	1.8
23	Karavally, Abigail	11	East Meadow	20.53	1.8
24	Sealy, Rihanna	9	Walt Whitman	21.03	2.0
25	Nallan, Nicole	11	Garden City	21.20	1.8
26	Reynolds, Isabella	9	East Meadow	21.34	2.5
27	Matos, Janevia	10	Bayside High	21.37	1.8
28	Devery, Isabella	10	Saint Anthon	21.57	1.8
29	Vukelic, Alexandra	11	Massapequa	22.03	1.8
30	Binda, Muskaan	9	Riverhead	22.36	1.8
31	Pozo, Isabella	12	Roslyn	22.69	1.8
32	Tejada, Angelina	11	East Meadow	23.12	2.0
33	Cabrera, Dimira	11	East Meadow	23.49	2.0



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Results

Girls 400 Meter Hurdles Open

Name	Yr	School	Finals
Finals			
1 Cotek, Kamila	10	Cold Spring	1:08.15
2 Leslie, Sophia	12	St. Francis	1:09.18
3 Kwas, Kayla	12	Farmingdale	1:09.26
4 Hills, Kaitlyn	12	St. Francis	1:09.38
5 Strining, Carly	10	Sayville	1:09.79
6 McKillop, Madeline	11	Sayville	1:11.12
7 Guilfoyle, Elizabeth	10	Saint Anthon	1:14.04
8 Korzonkiewicz, Kaitlyn	9	Saint Anthon	1:16.02
9 Parrott, Aislynn	11	Sayville	1:16.92
10 Johnson, Ava	11	St. Francis	1:17.95
11 McGowan, Emily	8	Seaford	1:17.96
12 Kofod, Kathryn	11	Seaford	1:19.33
13 Stephan, Marissa	11	Sayville	1:19.52
14 Li, Maggie	11	East Meadow	1:20.20
15 Pogozelski, Kate	11	Garden City	1:22.61
16 Nallan, Nicole	11	Garden City	1:23.13
17 Romero, Emely	9	W. Tresper C	1:23.70
18 Gutierrez, Antonella	11	East Meadow	1:23.90
19 Devery, Isabella	10	Saint Anthon	1:24.07
20 Haggerty, Emily	11	Massapequa	1:26.07
21 Berrezueta, Randy	11	Roslyn	1:29.54
22 Karavally, Abigail	11	East Meadow	1:31.97

Girls 2000 Meter Steeplechase Open

Name	Yr	School	Finals
Finals			
1 Baumiller, Mullane	11	Sayville	7:28.03 3:00.9 (3:00.9) 4:31.8 (1:30.9) 7:27.8 (2:56.1)
2 Siff-Scherr, Eve	11	Paul D. Schr	7:59.41 3:01.2 (3:01.2) 4:40.3 (1:39.2) 6:22.4 (1:42.1) 7:59.2 (1:36.8)
3 Baloun, Isabella	10	H. Frank Car	8:05.87 3:12.5 (3:12.5) 4:52.7 (1:40.2) 6:32.5 (1:39.9) 8:05.5 (1:33.1)
4 Vukelic, Sophia	9	Massapequa	8:11.31 3:12.0 (3:12.0) 4:52.2 (1:40.3) 6:33.4 (1:41.2) 8:11.1 (1:37.7)
5 Gerena, Isabella	11	Sayville	8:16.67 3:17.4 (3:17.4) 4:55.9 (1:38.5) 6:37.9 (1:42.0) 8:16.4 (1:38.5)
6 McLaughlin, Keira	9	Massapequa	8:27.09 3:11.9 (3:11.9) 4:55.5 (1:43.6) 6:42.6 (1:47.2) 8:26.8 (1:44.2)

Finals ... (Girls 2000 Meter Steeplechase Open)

Name	Yr	School	Finals
7 Duffy, Marianna	8	Sayville	8:36.75 3:22.9 (3:22.9) 5:09.0 (1:46.2) 6:54.5 (1:45.5) 8:36.5 (1:42.1)
8 Mangan, Casey	11	Massapequa	8:40.75 3:19.4 (3:19.4) 5:09.0 (1:49.7) 6:59.2 (1:50.3) 8:40.5 (1:41.3)
9 Marcino, Kate	12	H. Frank Car	8:41.19 3:19.8 (3:19.8) 5:09.1 (1:49.3) 6:59.8 (1:50.7) 8:40.9 (1:41.1)
10 Kalamaras, Serena	10	H. Frank Car	8:50.11 3:20.8 (3:20.8) 5:12.8 (1:52.1) 8:49.9 (3:37.1)
11 Kowalczyk, Emma	12	Walt Whitman	9:54.83 3:30.2 (3:30.2) 5:38.1 (2:08.0) 7:48.1 (2:10.1) 9:54.6 (2:06.5)
12 Dreusike, Liana	12	Walt Whitman	11:17.53 4:11.3 (4:11.3) 6:28.3 (2:17.0) 9:03.4 (2:35.1) 11:17.3 (2:13.9)
13 Alvarado, Melanie	10	Walt Whitman	11:52.35 4:29.0 (4:29.0) 6:57.9 (2:29.0) 9:27.5 (2:29.6) 11:52.1 (2:24.6)

Girls 4x100 Meter Relay Open

Team	Relay	Finals
Finals		
1 Saint Anthony's	A	49.83
2 Malverne	A	50.84
3 St. Francis Prep	A	51.93
4 Sayville	A	54.16
5 Cold Spring Harbor	A	55.05
6 Saint Anthony's	C	55.47
7 Plainedge	A	56.04
8 Sayville	B	59.09

Girls 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Cold Spring Harbor	A	4:14.68 1:03.341 (1:03.341) 2:12.054 (1:08.713) 3:14.245 (1:02.191) 4:14.679 (1:00.434)
2 Saint Anthony's	A	4:31.58 1:10.143 (1:10.143) 2:13.692 (1:03.549) 3:20.644 (1:06.952) 4:31.577 (1:10.933)
3 Riverhead	A	4:49.65 1:11.634 (1:11.634) 2:26.227 (1:14.593) 3:40.607 (1:14.380) 4:49.645 (1:09.038)



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Results

Girls 4x800 Meter Relay Open

Team	Relay	Finals
Finals		
1 Sayville	A	10:14.01
5:02.989 (5:02.989)	7:41.467 (2:38.478)	10:14.006 (2:32.539)
2 Bayside High School	A	12:21.03
3:06.220 (3:06.220)	6:22.932 (3:16.712)	9:19.674 (2:56.742)
12:21.030 (3:01.356)		
3 Bayside High School	B	13:01.20
3:01.026 (3:01.026)	6:18.137 (3:17.111)	9:38.673 (3:20.536)
13:01.197 (3:22.524)		

Girls High Jump Open

Name	Yr	School	Finals
Finals			
1 Lucas, Isabella	10	Paul D. Schr	5-03.00
2 Gomes, Sasha	11	St. Francis	5-00.00
3 Campbell, Kayleanne	10	Riverhead	4-10.00
4 Perkins, Mariah	12	East Meadow	4-08.00
5 Raymond, Anaya	12	St. Francis	J4-08.00
6 Bianco, Jessica	12	Massapequa	4-06.00
7 Pasqualina, Kayla	11	Garden City	J4-06.00
8 Kirchner, Eloise	12	Cold Spring	J4-06.00
9 Razzano, Alessandra	9	Massapequa	4-04.00
10 Galanis, Angelina	12	Paul D. Schr	4-02.00
11 Kowalczyk, Emma	12	Walt Whitman	4-00.00
11 Jablonski, Ciara	10	Farmingdale	4-00.00
11 Berrezueta, Randy	11	Roslyn	4-00.00
--- Chang, Addison	11	Wellington C	NH
--- Araujo, Ashley	11	Roslyn	NH
--- Cotek, Katherina	11	Cold Spring	NH
--- Bethel, Attallah	11	East Meadow	NH

Girls Pole Vault Open

Name	Yr	School	Finals
Finals			
1 Ellis, Emma	12	Riverhead	9-00.00
2 Ambriano, Elizabeth	12	Cold Spring	8-00.00
--- Cooper, Gabriella	10	Saint Anthon	NH
--- Luquer, Charlotte	12	Farmingdale	NH
--- Carberry, Abby	12	Sayville	NH

Girls Long Jump Open

Name	Yr	School	Finals
Finals			
1 Schreiber, Lizzie	12	Walt Whitman	17-03.25 NWI
2 Esposito, Kayla	12	Plainedge	16-07.50 NWI
3 Rosado, Elizabeth	11	Garden City	16-04.50 NWI

Finals ... (Girls Long Jump Open)

Name	Yr	School	Finals
4 Terry, Adriana	10	St. Francis	16-03.00 NWI
5 Burton, Janiya	11	Roslyn	15-07.00 NWI
5 Jasinski, Kaitlyn	12	Cold Spring	15-07.00 NWI
7 Col, Mary Grace	12	Island Trees	15-01.75 NWI
8 Isobe-Russell, Emma	12	Garden City	14-07.50 NWI
9 Boyce, Khalia	12	Spring Creek	14-07.00 NWI
10 Bianco, Jessica	12	Massapequa	14-06.00 NWI
11 Kosciusko, Alexandra	11	Saint Anthon	14-05.50 NWI
12 Tintera, Jade	9	Walt Whitman	14-05.00 NWI
13 Bieganowski, Maya	10	St. Francis	14-01.00 NWI
14 Blair, Shareve	11	St. Francis	13-07.25 NWI
14 Moss, Gianna	11	Saint Anthon	13-07.25 NWI
16 Masaoka-Guevara, Lina	11	East Meadow	13-05.00 NWI
17 Pogozelski, Kate	11	Garden City	13-03.25 NWI
18 Garraway, Leanne	11	Spring Creek	13-02.00 NWI
19 Laradji, Mecca	9	Island Trees	13-01.00 NWI
20 Allen, Calia	11	Roslyn	11-11.50 NWI
21 Bajaj, Tammana	11	East Meadow	10-04.50 NWI
22 Vitale, Eva	10	Garden City	10-04.00 NWI

Girls Triple Jump Open

Name	Yr	School	Finals
Finals			
1 Schreiber, Lizzie	12	Walt Whitman	38-02.50 NWI
2 Boyce, Khalia	12	Spring Creek	35-02.00 NWI
3 Esposito, Kayla	12	Plainedge	33-10.00 NWI
4 Col, Mary Grace	12	Island Trees	33-08.00 NWI
5 Blair, Shareve	11	St. Francis	33-06.00 NWI
6 Raymond, Anaya	12	St. Francis	33-03.00 NWI
7 McKillop, Madeline	11	Sayville	33-01.00 NWI
8 Tintera, Jade	9	Walt Whitman	30-04.00 NWI
9 Parrott, Erin	11	Sayville	30-02.00 NWI
10 Masaoka-Guevara, Lina	11	East Meadow	28-10.00 NWI
11 Allen, Calia	11	Roslyn	28-09.50 NWI
12 Johnson, Ashley	11	Roslyn	27-02.00 NWI
13 Cynar, Jillian	11	Plainedge	26-07.00 NWI

Girls Shot Put Open

Name	Yr	School	Finals
Finals			
1 Williams Booker, Ja'dah	11	Riverhead	33-08.00
2 Chiariello, Maria	12	Saint Anthon	32-09.00
3 Bennett, Maggie	12	Sayville	31-03.75
4 Johnson, Ashley	11	Roslyn	29-08.00
5 Deversi, Laura	12	W. Tresper C	28-08.25
6 luongo, madilyn	10	Farmingdale	28-03.50
7 Aminov, Ariella	12	Roslyn	26-05.25



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8	Santos, Arianna	12	Roslyn	26-03.00
9	Johnson, Amya	12	Farmingdale	25-03.50
10	Shiner, Sophie	9	Jfk Bellmore	24-05.50
11	Bosworth, Emily	12	Paul D. Schr	23-09.75
12	Melville, Lori	11	St. Francis	23-05.50
13	Yam, Iris	11	Plainedge	22-05.25
14	Khanali, Samaya	11	St. Francis	21-08.00
15	Clugston, Abigail	11	Massapequa	21-02.75
16	Lin, Joanna	12	Plainedge	21-01.50
16	Mijat, Katarina	11	St. Francis	21-01.50
18	Carolan, Courtney	11	Plainedge	20-00.00
19	Snyder, Ashley	12	Plainedge	19-09.75
20	Burke, Ali	10	Sayville	19-03.50
21	Dorcely, Grace	9	W. Tresper C	18-10.75
22	Seal, Jayme	12	Riverhead	17-02.50
23	Lund, Morgan	12	Cold Spring	17-01.75
24	Carolan, Jacqueline	11	Plainedge	17-01.00
25	Nuccio, Kayla	11	Saint Anthon	16-05.50
26	Stone, Bianca	11	Wellington C	15-07.50
27	Savalli, Phoenix	11	Wellington C	11-07.00

Girls Discus Throw Open

Name	Yr	School	Finals
Finals			
1	Chiariello, Maria	12 Saint Anthon	120-02
2	Bosworth, Emily	12 Paul D. Schr	102-07
3	Williams Booker, Ja'dah	11 Riverhead	91-08
4	Melville, Lori	11 St. Francis	89-02
5	Bennett, Maggie	12 Sayville	75-06
6	Aminov, Ariella	12 Roslyn	75-00
7	Snyder, Ashley	12 Plainedge	74-02
8	luongo, madilyn	10 Farmingdale	72-01
9	Walkin, Veronica	12 Cold Spring	71-05
10	Lund, Morgan	12 Cold Spring	69-05
11	Grant, Kayla	12 Malverne	67-10
12	Scubla, Elizabeth	10 Saint Anthon	65-08
13	Laradji, Mecca	9 Island Trees	63-08
14	Mijat, Katarina	11 St. Francis	63-07
15	Cancel, Priscila	12 St. Francis	63-05
16	Cynar, Jillian	11 Plainedge	62-11
17	Allen, Mary Kate	10 Garden City	62-09
18	Caruthers, Allsion	11 Garden City	58-11
19	Carolan, Jacqueline	11 Plainedge	55-10
20	Santos, Arianna	12 Roslyn	55-06
21	Caruthers, Jaqueline	11 Garden City	48-05
22	Burke, Ali	10 Sayville	48-03
23	Khanali, Samaya	11 St. Francis	47-08
24	Nuccio, Kayla	11 Saint Anthon	46-00
25	Stark, Hannah	11 Cold Spring	45-03

Finals ... (Girls Discus Throw Open)

Name	Yr	School	Finals
26	Seal, Jayme	12 Riverhead	44-03
27	Lin, Joanna	12 Plainedge	42-03
28	Carolan, Courtney	11 Plainedge	41-11
29	Orellana, Brianna	11 Plainedge	40-00
30	Celesje, Bonnich	Glen Cove	39-02
31	Gunnip, Taylor	11 Plainedge	39-01
32	Stone, Bianca	11 Wellington C	33-01
33	Savalli, Phoenix	11 Wellington C	25-07

Boys 100 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Jolly, Isaiah	10 Malverne	11.52 1.4
2	Antilety, Jacob	10 Garden City	11.88 1.4
3	Pinnock, Keshawn	10 Malverne	11.95 1.4
4	Romeo, Matthew	10 Wellington C	12.30 1.4
5	Bazelais, Lukas	10 Island Trees	12.36 0.3
6	Diaz, Marcus	10 East Meadow	12.41 0.3
7	Tusiani-Eng, Michael	10 Garden City	12.46 0.3
8	Sobers, Terrence	9 Spring Creek	12.51 0.6
9	Glasgow, Andrey	10 Roosevelt	12.59 1.5
10	Stephens, Matthew	10 Malverne	12.73 1.4
11	Cornett, Tyreke	9 East Meadow	12.78 0.6
12	norman, luciano	9 Roosevelt	12.79 0.2
13	Melkonian, Thomas	10 Garden City	12.85 0.3
14	Morgan, Dwayne	9 Riverhead	12.93 0.2
15	Smith, Jordan	10 Malverne	12.95 0.3
16	Brown, Devyn	10 Spring Creek	12.98 1.4
17	Fu, Sebastian	10 Wellington C	13.04 1.5
18	Mazzella, Gianluigi	10 Garden City	13.08 0.3
19	Noel, Tyler	10 Malverne	13.10 0.6
20	Funn, Tatum	9 Riverhead	13.17 0.3
21	Weintraub, Jack	9 Paul D. Schr	13.18 0.2
22	Weinberg, Ryder	9 Roslyn	13.20 0.2
23	Taboada, Nikolas	9 Seaford	13.21 1.6
24	Chen, Vincent	10 Garden City	13.23 0.6
25	Mandell, Eli	9 Paul D. Schr	13.26 0.2
26	Clarke, Matthew	9 Roslyn	13.30 0.3
27	Young, Daniel	9 Seaford	13.45 0.7
28	Johnston, Robert	9 Paul D. Schr	13.62 1.5
29	DaSilva, Dre	10 Seaford	13.74 1.6
30	Sanfilippo, Joseph	10 Seaford	13.75 1.6
31	Chen, Ryan	9 General Doug	13.81 0.3
32	Tibball, Gavin	9 W. Tresper C	13.81 0.2
33	Tzimas, Christopher	10 Wellington C	13.93 1.6
34	Michel, Rodney	10 Wellington C	13.95 0.7
35	Roldan, Gabriel	10 Wellington C	13.99 0.7



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36	Stribula, Joseph	10	Wellington C	14.03	0.7
37	Gabrielson, Eric	9	Riverhead	14.08	1.6
38	Watt, Chartlon	10	Roosevelt	14.20	1.5
39	Smith, Jackson	9	General Doug	14.33	1.5
40	Yoncee, Daniel	10	Wellington C	14.37	1.6
41	Downey, John	10	Seaford	14.39	2.0
42	Richards, Jace	8	Malverne	14.39	0.3
43	Pharr, Aedan	10	Riverhead	14.39	1.6
44	Dennis, Malik	9	Riverhead	14.41	0.7
45	Gong, Jimmy	9	Roslyn	14.63	0.7
46	Ren, Jeffrey	10	Seaford	14.77	2.0
47	Xie, Zhou	10	Riverhead	14.82	2.0
48	Nieto, Matt	10	Riverhead	15.37	2.0
49	Reyes, Edgar	9	Cold Spring	15.38	2.0
50	Trindad, cristian	9	Riverhead	15.79	1.6
51	Zagrebin, Denys	9	Seaford	16.13	2.0
52	Sanderson, Chase	9	Wellington C	16.50	1.6
53	Huntington, Nathan	9	Riverhead	16.91	1.6

Boys 400 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Robotham, Matthew	10	Syosset 54.11
2	Cordero, Christopher	10	Massapequa 54.95
3	Carris, Artemios	10	Garden City 55.25
4	Jean Baptiste, Waking	9	East Meadow 55.90
5	Henriques, Jianni	10	Malverne 55.96
6	Kimball, Julian	10	Paul D. Schr 56.06
7	Coll, Patrick	10	Island Trees 56.36
8	Torres, Louis	9	Malverne 56.39
9	Haye, Jeremiah	10	Malverne 56.51
10	Daniele, Ralphael	10	Syosset 56.59
11	Olenik, Carter	10	Garden City 57.03
12	Hunter, Zachary	10	Academy Char 57.05
13	Sofianos, Nikolaos	9	East Meadow 57.24
14	Margulies, Justin	10	Roslyn 57.39
15	Wellbrock, Connor	10	Garden City 57.51
16	Sullivan, Larsen	10	Massapequa 57.51
17	Farquhar, William	10	Garden City 57.86
18	Plastaras, Trey	10	Garden City 58.07
19	Nemeth, Nicholas	9	General Doug 58.36
20	Jean Baptiste, Wadley	9	East Meadow 58.90
21	Shaughnessy, John	10	Syosset 59.38
22	Taylor, Torin	10	Academy Char 59.90
23	Marshall, Eric	10	Garden City 59.93
24	Quituisaca, Chris	10	Riverhead 1:00.12
25	Ren, Alexander	9	Roslyn 1:00.29
26	Dorismond, Jovani	10	Academy Char 1:00.93
27	Bera, Soham	10	Garden City 1:01.33

Finals ... (Boys 400 Meter Dash Frosh/Soph)

Name	Yr	School	Finals
28	Lin, Bryan	9	W. Tresper C 1:01.64
29	Bonanome, Luca	9	Massapequa 1:01.83
30	Pistone, Joseph	10	Massapequa 1:01.94
31	Huaynate, Jason	10	W. Tresper C 1:02.17
32	Ho, Matthew	10	Roslyn 1:02.63
33	DeRose, Robert	10	W. Tresper C 1:03.39
34	Giorgianni, Braiden	9	Wellington C 1:04.12
35	Schmidt, Damien	10	Roslyn 1:04.26
36	Tzimas, Christopher	10	Wellington C 1:05.66
37	Ross, Anthony	9	General Doug 1:06.54
38	Sherwin, Aiden	9	Massapequa 1:06.81
39	Qu, Ryan	10	Roslyn 1:06.98
40	Pozo, Matias	10	Roslyn 1:07.41
41	Stribula, Joseph	10	Wellington C 1:07.55
42	Sharma, Krish	10	Roslyn 1:07.78
43	Yoncee, Daniel	10	Wellington C 1:07.82
44	Fung, James	9	Massapequa 1:08.71
45	Farquharson, Omarian	10	Roosevelt 1:10.14
46	Watt, Chartlon	10	Roosevelt 1:10.26
47	Sheshori, Aldin	8	Roslyn 1:11.83
48	Sheshori, Petrit	10	Roslyn 1:16.73

Boys 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Samuel, Nicolas	10	Paul D. Schr 2:12.17
	1:03.209 (1:03.209)		2:12.164 (1:08.955)
2	McGann, Gavin	10	Syosset 2:12.70
	1:02.712 (1:02.712)		2:12.691 (1:09.979)
3	Ogman, Gael	8	Paul D. Schr 2:14.56
	1:07.254 (1:07.254)		2:14.559 (1:07.305)
4	Derasmo, Lukas	10	Paul D. Schr 2:14.85
	1:07.623 (1:07.623)		2:14.846 (1:07.223)
5	Restivo, Ethan	10	Paul D. Schr 2:15.06
	1:07.127 (1:07.127)		2:15.054 (1:07.927)
6	Sommer, Bradley	9	Syosset 2:15.84
	1:06.803 (1:06.803)		2:15.837 (1:09.034)
7	Mantekas, Nicholas	10	Syosset 2:16.28
	1:06.709 (1:06.709)		2:16.277 (1:09.568)
8	Colletti, Dean	10	Garden City 2:16.89
	1:07.377 (1:07.377)		2:16.883 (1:09.506)
9	Baloyo, Ethan	9	General Doug 2:20.36
	1:07.963 (1:07.963)		2:20.353 (1:12.390)
10	Chavez, Jin	10	Roslyn 2:21.54
	1:06.957 (1:06.957)		2:21.535 (1:14.578)
11	Ortiz-Galdamez, Franz	9	Riverhead 2:21.97
	1:07.894 (1:07.894)		2:21.968 (1:14.074)



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12	Reynolds, Brady	10	Riverhead	2:22.88
	1:07.421 (1:07.421)	2:22.873 (1:15.452)		
13	Byrnes, Andrew	10	Garden City	2:23.23
	1:08.746 (1:08.746)	2:23.225 (1:14.479)		
14	Campbell, Lawson	9	Paul D. Schr	2:25.70
	1:12.561 (1:12.561)	2:25.695 (1:13.134)		
15	Lombardo, Alex	9	Cold Spring	2:25.85
	1:09.219 (1:09.219)	2:25.850 (1:16.631)		
16	Carlino, Jack	9	Massapequa	2:26.78
	1:08.306 (1:08.306)	2:26.773 (1:18.467)		
17	Kane, Zachary	9	Roslyn	2:29.54
	1:11.436 (1:11.436)	2:29.540 (1:18.104)		
18	Lee, Jayden	9	East Meadow	2:29.81
	1:12.441 (1:12.441)	2:29.804 (1:17.363)		
19	Ouyang, Tian	10	Cold Spring	2:30.08
	1:07.690 (1:07.690)	2:30.079 (1:22.389)		
20	Rizza, Robert	9	Massapequa	2:30.25
	1:09.464 (1:09.464)	2:30.249 (1:20.785)		
21	Quiles, Adam	10	East Meadow	2:31.74
	1:14.880 (1:14.880)	2:31.740 (1:16.860)		
22	Osit, Tyler	10	Roslyn	2:31.88
	1:13.185 (1:13.185)	2:31.874 (1:18.689)		
23	Paredes, Charles	9	Paul D. Schr	2:33.03
	1:12.958 (1:12.958)	2:33.027 (1:20.069)		
24	Schimkus, Ryan	9	Massapequa	2:33.79
	1:15.067 (1:15.067)	2:33.782 (1:18.715)		
25	Dela Cruz, Gabriel	9	East Meadow	2:34.68
	1:14.634 (1:14.634)	2:34.679 (1:20.045)		
26	Glennon, Connor	9	Massapequa	2:37.18
	1:12.437 (1:12.437)	2:37.179 (1:24.742)		
27	Muzio, Peter	10	General Doug	2:37.56
	1:18.944 (1:18.944)	2:37.551 (1:18.607)		
28	Gupta, Mahin	9	Roslyn	2:38.60
	1:15.465 (1:15.465)	2:38.592 (1:23.127)		
29	Arango, Brad	9	Massapequa	2:39.23
	1:13.440 (1:13.440)	2:39.224 (1:25.784)		
30	Chan, Daniel	10	East Meadow	2:41.08
	1:15.987 (1:15.987)	2:41.075 (1:25.088)		
31	Galanoudis, Zach	9	Massapequa	2:43.74
	1:15.362 (1:15.362)	2:43.734 (1:28.372)		
32	Tuccitto, Dylan	9	Wellington C	2:46.52
	1:19.975 (1:19.975)	2:46.513 (1:26.538)		
33	Alday, Sean	10	East Meadow	2:50.61
	1:21.392 (1:21.392)	2:50.602 (1:29.210)		
34	Meagher, Scott	10	Seaford	3:00.44
	1:30.347 (1:30.347)	3:00.440 (1:30.093)		
35	Mooney, Greg	10	Seaford	3:02.63
	1:30.486 (1:30.486)	3:02.623 (1:32.137)		



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Finals ... (Boys 800 Meter Run Frosh/Soph)

	Name	Yr	School	Finals
36	Guo, Alex	10	Wellington C	3:06.26
	1:25.201 (1:25.201)		3:06.258 (1:41.057)	
37	Piao, Brian	9	East Meadow	3:07.34
	1:31.008 (1:31.008)		3:07.331 (1:36.323)	
38	Callahan, Aiden	9	Wellington C	3:28.90
	1:41.580 (1:41.580)		3:28.895 (1:47.315)	
39	Tavernise, Will	9	Wellington C	3:54.86
	1:55.883 (1:55.883)		3:54.859 (1:58.976)	
40	Singleton, Seamus	9	Wellington C	4:03.40
	1:55.986 (1:55.986)		4:03.400 (2:07.414)	

Boys 1600 Meter Run Frosh/Soph

	Name	Yr	School	Finals
Finals				
1	Cruz, Luis	9	Syosset	4:48.42
	1:12.080 (1:12.080)		2:27.140 (1:15.060) 3:41.226 (1:14.087)	
	4:48.416 (1:07.190)			
2	McAlea, Ryan	10	Garden City	4:55.70
	1:12.301 (1:12.301)		2:27.415 (1:15.114) 3:41.090 (1:13.675)	
	4:55.694 (1:14.604)			
3	Kadin, Mark	9	Jfk Bellmore	4:57.47
	1:13.171 (1:13.171)		2:30.017 (1:16.847) 3:44.856 (1:14.839)	
	4:57.469 (1:12.613)			
4	Jones, Christopher	10	Riverhead	4:57.69
	1:12.336 (1:12.336)		2:28.556 (1:16.220) 3:45.107 (1:16.552)	
	4:57.689 (1:12.582)			
5	Fiore, Anthony	9	Syosset	4:58.02
	1:14.056 (1:14.056)		3:47.855 (2:33.799) 4:58.011 (1:10.157)	
6	Ziman, Ari	9	Syosset	4:58.11
	1:13.852 (1:13.852)		2:31.446 (1:17.594) 3:47.577 (1:16.132)	
	4:58.106 (1:10.529)			
7	Palmeri, Anthony	10	East Meadow	4:59.73
	2:29.055 (2:29.055)		3:45.634 (1:16.579) 4:59.722 (1:14.089)	
8	Sriganesh, ShriSughan	9	Syosset	4:59.85
	1:14.410 (1:14.410)		3:47.650 (2:33.240) 4:59.845 (1:12.195)	
9	Saenz, Noah	9	W. Tresper C	5:03.82
	1:12.725 (1:12.725)		2:29.924 (1:17.199) 3:48.809 (1:18.885)	
	5:03.819 (1:15.010)			
10	Cai, Joshua	9	Syosset	5:09.99
	1:14.621 (1:14.621)		3:52.210 (2:37.589) 5:09.987 (1:17.778)	
11	Gany, Tyler	10	Syosset	5:11.25
	1:11.851 (1:11.851)		2:28.444 (1:16.593) 3:48.496 (1:20.053)	
	5:11.247 (1:22.752)			
12	Rodriguez, Brendan	9	East Meadow	5:12.23
	1:15.568 (1:15.568)		2:36.728 (1:21.160) 3:57.035 (1:20.308)	
	5:12.228 (1:15.193)			



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13	Noyola, Samuel	10	East Meadow	5:13.28
	1:15.950 (1:15.950)	2:37.044 (1:21.094)	3:57.833 (1:20.789)	
	5:13.277 (1:15.444)			
14	Tobar, Max	7	Manhasset	5:13.91
	1:12.216 (1:12.216)	2:31.524 (1:19.308)	3:52.830 (1:21.307)	
	5:13.905 (1:21.075)			
15	Wells, Trevor	9	Manhasset	5:14.10
	1:16.375 (1:16.375)	2:36.459 (1:20.084)	3:58.270 (1:21.812)	
	5:14.095 (1:15.825)			
16	Lehnert, Everett	9	Garden City	5:14.36
	1:16.062 (1:16.062)	2:37.385 (1:21.324)	3:58.354 (1:20.969)	
	5:14.358 (1:16.004)			
17	Maguire, Hunter	10	Garden City	5:15.31
	1:16.484 (1:16.484)	2:38.800 (1:22.317)	4:00.903 (1:22.103)	
	5:15.308 (1:14.405)			
18	Rowland, Sean	10	Riverhead	5:15.35
	1:16.932 (1:16.932)	2:37.714 (1:20.783)	3:59.100 (1:21.387)	
	5:15.345 (1:16.245)			
19	Angulo, Jayden	9	East Meadow	5:17.15
	1:15.824 (1:15.824)	2:37.994 (1:22.170)	4:00.650 (1:22.657)	
	5:17.149 (1:16.499)			
20	Ciccarone, Leonardo	9	Garden City	5:18.27
	1:16.731 (1:16.731)	2:38.512 (1:21.782)	4:01.392 (1:22.880)	
	5:18.261 (1:16.869)			
21	Frangas, Christian	9	Syosset	5:20.74
	1:16.772 (1:16.772)	2:39.250 (1:22.479)	4:02.659 (1:23.409)	
	5:20.740 (1:18.082)			
22	Villari, Peter	9	Massapequa	5:20.99
	1:17.119 (1:17.119)	2:40.227 (1:23.108)	4:04.404 (1:24.178)	
	5:20.989 (1:16.585)			
23	Moschella, Sean	10	Syosset	5:21.13
	1:16.232 (1:16.232)	2:38.764 (1:22.533)	4:02.370 (1:23.607)	
	5:21.124 (1:18.754)			
24	Sanchez, Anthony	10	W. Trespers C	5:25.21
	1:16.653 (1:16.653)	2:39.130 (1:22.477)	4:03.018 (1:23.889)	
	5:25.202 (1:22.184)			
25	Soriano, Jacob	10	W. Trespers C	5:25.67
	1:17.590 (1:17.590)	2:40.139 (1:22.549)	4:03.933 (1:23.794)	
	5:25.667 (1:21.734)			
26	DiMarco, Jack	9	Massapequa	5:27.95
	1:17.294 (1:17.294)	2:39.972 (1:22.678)	4:06.852 (1:26.880)	
	5:27.948 (1:21.097)			
27	Miller, Cole	8	Manhasset	5:37.08
	1:19.500 (1:19.500)	2:46.746 (1:27.247)	4:14.862 (1:28.117)	
	5:37.073 (1:22.212)			
28	Ramirez, Steven	10	East Meadow	5:37.66
	1:20.927 (1:20.927)	2:50.588 (1:29.662)	4:18.453 (1:27.865)	
	5:37.660 (1:19.207)			

NASSAU COACHES INVITE



Nassau Coaches Invitational - 4/22/2023

Cold Spring Harbor High School

Results

Finals ... (Boys 1600 Meter Run Frosh/Soph)

Name	Yr	School	Finals
29 Galante, Thomas	10	Massapequa	5:38.88
1:20.362 (1:20.362)	2:52.750 (1:32.388)	4:20.685 (1:27.935)	5:38.877 (1:18.193)
30 Gewirtz, Sam	9	East Meadow	5:40.44
1:21.183 (1:21.183)	2:50.627 (1:29.444)	4:18.347 (1:27.720)	5:40.433 (1:22.087)
31 Price, Roman	9	Massapequa	5:42.44
1:19.025 (1:19.025)	2:48.555 (1:29.530)	4:19.645 (1:31.090)	5:42.438 (1:22.794)
32 Mullooly, Michael	9	Massapequa	5:48.85
1:20.233 (1:20.233)	2:52.525 (1:32.292)	4:25.313 (1:32.789)	5:48.843 (1:23.530)
33 Simon, Jayden	10	Jfk Bellmore	5:48.97
1:19.795 (1:19.795)	2:48.627 (1:28.833)	4:19.541 (1:30.914)	5:48.963 (1:29.423)
34 Tuba, Ryan	10	Riverhead	6:00.84
1:19.367 (1:19.367)	2:49.255 (1:29.888)	4:26.097 (1:36.843)	6:00.840 (1:34.743)
35 Chinchilla, Devin	10	Riverhead	6:13.49
1:21.747 (1:21.747)	3:02.190 (1:40.443)	4:43.677 (1:41.488)	6:13.490 (1:29.813)
36 Meagher, Scott	10	Seaford	6:14.90
1:25.357 (1:25.357)	3:03.126 (1:37.769)	4:43.181 (1:40.055)	6:14.897 (1:31.717)
37 Vasquez, Valente	10	Riverhead	6:16.52
1:25.313 (1:25.313)	3:03.232 (1:37.919)	4:42.953 (1:39.722)	6:16.517 (1:33.564)
38 Mooney, Greg	10	Seaford	6:18.87
1:25.508 (1:25.508)	3:03.730 (1:38.222)	4:43.881 (1:40.152)	6:18.863 (1:34.983)

Boys 4x100 Meter Relay Frosh/Soph

Team	Relay	Finals
1 Malverne	A	46.90
2 Riverhead	A	53.02
3 Massapequa	A	56.43

Boys 4x400 Meter Relay Frosh/Soph

Team	Relay	Finals
1 East Meadow	A	3:46.71
57.861 (57.861)	1:55.744 (57.883)	2:51.634 (55.890)
3:46.702 (55.068)		
2 Paul D. Schr	A	3:54.32
58.749 (58.749)	1:57.755 (59.006)	2:56.205 (58.450)
3:54.314 (58.109)		



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3	Massapequa	A	4:06.72
	59.244 (59.244)	2:00.857 (1:01.613)	3:03.690 (1:02.833)
	4:06.714 (1:03.024)		
4	Malverne	A	4:10.37
	56.329 (56.329)	1:59.636 (1:03.307)	3:05.466 (1:05.830)
	4:10.364 (1:04.898)		
5	Riverhead	A	4:15.86
	1:04.896 (1:04.896)	2:11.003 (1:06.107)	3:14.136 (1:03.133)
	4:15.860 (1:01.724)		

Boys 4x800 Meter Relay Frosh/Soph

Team	Relay	Finals
Finals		
1 East Meadow	A	9:37.79
	2:26.961 (2:26.961)	4:52.757 (2:25.796)
	9:37.787 (2:20.756)	7:17.031 (2:24.274)
2 Massapequa	A	10:08.64
	2:30.871 (2:30.871)	5:05.853 (2:34.982)
	10:08.640 (2:29.133)	7:39.507 (2:33.654)
3 Massapequa	B	10:41.55
	2:35.090 (2:35.090)	5:22.007 (2:46.917)
	10:41.546 (2:34.650)	8:06.896 (2:44.889)

Boys High Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Boyle, Kobe	10	Riverhead	5-04.00
2 Schub, Ian	9	East Meadow	J5-04.00
3 Stephenson, Alex	11	East Meadow	5-02.00
4 Paloumbis, Nicholas	10	East Meadow	5-00.00
5 Stanley, Jack	9	Massapequa	J5-00.00
--- Antilety, Jacob	10	Garden City	NH
--- Coady, Logan	9	Massapequa	NH

Boys Pole Vault Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Davidson, Zachary	10	Roslyn	11-00.00
2 Palmeri, Anthony	10	East Meadow	9-06.00
2 Huron, Marshall	10	Paul D. Schr	9-06.00
2 Ubinas, Tristan	9	East Meadow	9-06.00
5 Griffin, Carter	9	Roslyn	9-00.00
6 Romero, Wilson	10	Roslyn	8-00.00
--- Tuccitto, Dylan	9	Wellington C	NH
--- Weinberg, Ryder	9	Roslyn	NH
--- Callahan, Aiden	9	Wellington C	NH
--- Benjamin, James	9	Massapequa	NH
--- Gong, Jimmy	9	Roslyn	NH
--- Chavez, Jin	10	Roslyn	NH

Boys Long Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Montealegre, Anthony	10	East Meadow	19-10.50 NWI
2 Gerald, Micedlfson	10	East Meadow	17-03.50 NWI
3 Kama, Hosea	10	East Meadow	17-01.00 NWI
4 Fu, Sebastian	10	Wellington C	16-10.00 NWI
5 Brown, Devyn	10	Spring Creek	16-02.00 NWI
6 Burriesci, Michael	9	W. Tresper C	15-07.50 NWI
7 Williams, Adonis	9	East Meadow	15-06.50 NWI
7 Campbell, Tyler	10	Riverhead	15-06.50 NWI
9 Smith, Jackson	9	General Doug	14-10.00 NWI
10 Coady, Logan	9	Massapequa	14-09.50 NWI
11 Mercaldo, Joseph	9	General Doug	14-03.50 NWI
12 Fitzgerald, Logan	10	Seaford	14-01.00 NWI
13 Brown, Tim	9	Seaford	13-11.50 NWI

Boys Triple Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Montealegre, Anthony	10	East Meadow	36-09.00 NWI
2 Paloumbis, Nicholas	10	East Meadow	34-09.00 NWI
3 Stanley, Jack	9	Massapequa	33-06.50 NWI
4 Romero, Wilson	10	Roslyn	32-11.50 NWI
5 Xie, Thomas	10	Paul D. Schr	32-10.00 NWI
6 Mayers, Kaiden	9	W. Tresper C	31-09.00 NWI
7 Gunn, Jaden	9	Spring Creek	31-04.00 NWI
8 Guevarra, Dale	10	W. Tresper C	30-02.50 NWI

Boys Shot Put Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Sanchez, Brian	10	Roosevelt	39-08.00
2 Mathews, Jah'rece	10	Roosevelt	38-04.00
3 Lopez, Maximo	10	Paul D. Schr	37-11.00
4 Dennis, Kayvon	10	Riverhead	35-06.75
5 Kearney, Tyler	9	Wellington C	34-02.50
6 Eisenhardt, Harrison	10	Wellington C	33-09.00
7 Cardona, Andrew	10	W. Tresper C	33-02.00
8 Muscara, Nicolas	10	Massapequa	33-01.75
9 Sorin, Everett	10	Paul D. Schr	31-08.50
10 Chamberlain, Thomas	9	Wellington C	30-01.25
11 Smith, Aidan	10	Cold Spring	30-00.50
12 Lundberg, Caleb	9	Paul D. Schr	29-07.00
13 Mitchell, Gavin	10	W. Tresper C	29-06.25
14 Bodner, Colby	10	Paul D. Schr	28-11.00
14 Chamberlain, Vincent	9	Wellington C	28-11.00
16 Benjamin, James	9	Massapequa	28-10.50



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17	Gerbas, Gavin	10	Paul D. Schr	28-04.00
18	Ascierto, Nathaniel	10	Paul D. Schr	28-01.25
19	Walia, Angad	9	Paul D. Schr	25-06.50
20	Wipperman, Matthew	9	Massapequa	25-04.50
21	Murales, Stiven	11	Riverhead	23-11.25
22	Paingankar, Lucas	9	Wellington C	23-11.00
23	Anderson, Ryan	10	Wellington C	19-11.00
24	Barreto, James	10	Riverhead	19-05.00
25	Singleton, Seamus	9	Wellington C	14-03.75

Boys Discus Throw Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Muscara, Nicolas	10	Massapequa 94-02
2	Goldsmith, Jesse	10	Roslyn 92-11
3	Chromy, Addison	10	Paul D. Schr 90-09
4	Eisenhardt, Harrison	10	Wellington C 90-01
5	Sanchez, Brian	10	Roosevelt 88-07
6	Lee, Paul	9	Roslyn 86-08
7	Gerbas, Gavin	10	Paul D. Schr 86-05
8	Lopez, Maximo	10	Paul D. Schr 83-09
9	Spears, Jeremiah	10	Roosevelt 81-07
10	Cardona, Andrew	10	W. Tresper C 81-00
11	Romero-Granados, Jason	9	Roslyn 80-05
12	Giles, Tyler	10	Roosevelt 79-11
13	Ascierto, Nathaniel	10	Paul D. Schr 74-11
14	Camassar, Ross	10	Roslyn 74-01
15	Sorin, Everett	10	Paul D. Schr 72-07
16	samuel, zyaire	10	Roosevelt 72-01
17	Bodner, Colby	10	Paul D. Schr 71-04
18	Murales, Stiven	11	Riverhead 70-06
19	Kearney, Tyler	9	Wellington C 70-01
20	Chamberlain, Thomas	9	Wellington C 67-08
21	Szerencsy, Ian	9	Roslyn 65-07
22	Jia, Li Hao	10	Roslyn 64-10
23	Walia, Angad	9	Paul D. Schr 62-10
24	Sanfilippo, Joseph	10	Seaford 61-10
25	Mitchell, Gavin	10	W. Tresper C 59-07
26	Dennis, Kayvon	10	Riverhead 59-04
27	Chamberlain, Vincent	9	Wellington C 54-10
28	Paingankar, Lucas	9	Wellington C 52-06
29	Anderson, Ryan	10	Wellington C 50-06
30	Wipperman, Matthew	9	Massapequa 49-09
31	Lundberg, Caleb	9	Paul D. Schr 48-00
32	Barreto, James	10	Riverhead 42-00
---	Mathews, Jah'rece	10	Roosevelt FOUL
---	Benjamin, James	9	Massapequa FOUL

Boys 100 Meter Dash Open

Name	Yr	School	Finals
Finals			
1	Johnson-Norman Jr, Brian	11	Roosevelt 10.99 -0.4
2	Brosnan, Jack	9	Farmingdale 11.46 -0.4
3	Bennett, Joel	12	Spring Creek 11.47 -0.4
4	Hunt, William	12	Riverhead 11.52 -0.4
5	Gatchalian, Gavin	10	Farmingdale 11.69 -0.4
6	Rocki, Timothy	11	Roslyn 11.87 0.7
7	Glasco, Gavin	12	Roslyn 11.91 0.7
8	Warren, Nazareth	12	Spring Creek 11.95 -0.3
9	McLaughlin, Roy Brandon	10	Malverne 11.99 -0.3
10	Kimanyen, Kolton	12	Malverne 12.06 -0.3
10	Campana, Justin	11	East Meadow 12.06 1.4
12	Roukis, Christopher	12	Garden City 12.14 0.7
13	Chodosch, Benjamin	11	Paul D. Schr 12.15 2.0
14	Jeremiah, Maynard	12	Roosevelt 12.16 0.7
15	Castin, Sylvain	12	Malverne 12.17 -0.3
16	Crosby, Ahmad	10	Farmingdale 12.18 -0.3
17	Doherty, Brendan	11	Paul D. Schr 12.25 1.1
18	Craine, Patrick	12	Island Trees 12.27 1.4
19	Munroe, Kyle	12	Roosevelt 12.27 0.7
20	Charlie, Garcia Cerna	12	Riverhead 12.33 1.9
21	Sottile, Antonio	12	Paul D. Schr 12.36 1.1
22	Martinez, Jeramy	11	East Meadow 12.37 1.4
23	Cox, Jerimiah	10	Malverne 12.51 1.1
24	Alini, Michael	11	Massapequa 12.56 1.1
25	Genna, Gabriel	12	General Doug 12.63 -0.3
26	Coella, James	11	General Doug 12.73 1.0
27	Roach, Dennis	12	General Doug 12.74 1.9
28	Alfred, Austin	9	Riverhead 12.75 1.4
29	Chen, Eric	12	Roslyn 12.81 1.4
30	Lok, James	11	Roslyn 12.82 1.1
31	Smith, Torian	12	Roslyn 12.87 1.9
32	Celis, Ricky	12	Island Trees 13.00 1.1
33	McCormack, Vincent	10	General Doug 13.01 1.0
34	Lui, Tyler	10	Plainedge 13.05 2.0
35	Maldonado, Adelson	12	Riverhead 13.05 2.0
36	Carrasco, Brandon	12	W. Tresper C 13.12 1.1
37	Stevens, Isaiah	11	Academy Char 13.13 0.9
38	Morgan, Trevon	12	Wellington C 13.13 0.7
39	Wang, Jeremy	9	Jfk Bellmore 13.19 1.9
40	Levine, Samuel	11	Paul D. Schr 13.21 1.1
41	Grant, Isaiah	11	Academy Char 13.23 0.9
42	Partridge, Joseph	12	W. Tresper C 13.27 1.1
43	Gaelen Lorenzo, Sicut	11	Island Trees 13.31 0.9
44	Cato, Joel-Luke	10	Plainedge 13.33 0.9
45	Zung, Zachary	12	Roslyn 13.44 2.0



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46	Qin, Jason	11	Seaford	13.64	0.8
47	Lambert Watkins, Anthony	11	Glen Cove	13.80	0.9
48	Langiulli, Jason	10	General Doug	13.83	1.0
49	Irving, Shiloh	11	Malverne	13.84	1.9
50	Shimon, Ori	11	Paul D. Schr	13.97	0.8
51	Freilich, Robert	11	General Doug	14.05	1.0
52	Mendez, Juan	11	Academy Char	14.06	0.8
53	Martinez, Francis	12	Glen Cove	14.24	0.8
54	Balsam, Tyler	12	Seaford	14.30	0.8
55	Kanellopoulos, Lucas	11	Seaford	14.36	0.8
56	Chan, Connor	12	Cold Spring	14.75	0.8
57	Mouzakitis, Dimitri	10	Plainedge	15.12	0.8
58	Roche, Robert	10	Plainedge	15.84	0.8

Boys 200 Meter Dash Open

Name	Yr	School	Finals
Finals			
1	Johnson-Norman Jr, Brian	11	Roosevelt 22.37 -1.6
2	Naveen, Nishanth	11	Syosset 23.18 -1.7
3	Li, Elvis	12	Syosset 23.27 -1.7
4	Crawford, Nelson	11	Malverne 23.31 -1.6
5	Furukawa, Yamato	11	Syosset 23.32 -1.6
6	Hunt, William	12	Riverhead 23.82 -2.1
7	Seay, Tremayne	12	Riverhead 23.87 -2.1
8	Castin, Sylvain	12	Malverne 23.97 -1.6
9	McLaughlin, Roy Brandon	10	Malverne 23.98 -1.7
10	Longobucco, Jack	12	General Doug 24.17 -1.6
11	Polakowski, Dominick	12	Riverhead 24.31 -2.1
12	Henriques, Gianni	10	Malverne 24.37 -1.3
13	Campana, Justin	11	East Meadow 24.49 -1.3
14	Garrell, Arnez	11	Roosevelt 24.54 -1.3
15	Beresford, Thomas	12	Farmingdale 24.56 -1.4
16	St George, Noah	11	Massapequa 24.60 -1.7
17	Geddes, Adam	11	Malverne 24.83 -1.9
18	Antilety, Jacob	10	Garden City 24.84 -1.3
19	Ruschin, Kyle	12	Riverhead 24.88 -1.3
20	Pinnock, Keshawn	10	Malverne 24.96 -1.6
21	Lespinasse, Jace	10	Malverne 25.02 -2.1
22	Haye, Jeremiah	10	Malverne 25.07 -1.3
23	Ricketts JR, Ricardo	11	Malverne 25.08 -2.1
24	Roukis, Christopher	12	Garden City 25.08 -1.7
25	Germaine, Harrison	11	Paul D. Schr 25.13 -3.3
26	Hyde, Austin	11	Paul D. Schr 25.24 -3.3
27	Celis, Ricky	12	Island Trees 25.24 -2.9
28	Tusiani-Eng, Michael	10	Garden City 25.34 -1.0
29	Cox, Jerimiah	10	Malverne 25.34 -1.3
30	Craine, Patrick	12	Island Trees 25.39 -1.0
31	Bazelais, Lukas	10	Island Trees 25.44 -2.9
32	Taylor, Torin	10	Academy Char 25.45 -1.3

Finals ... (Boys 200 Meter Dash Open)

Name	Yr	School	Finals
33	Jennings, Tyler	12	Spring Creek 25.47 -1.6
34	Martinez, Jeremy	11	East Meadow 25.50 -1.4
35	Hunter, Zachary	10	Academy Char 25.56 -1.4
36	Ye, Hang	11	East Meadow 25.60 -1.2
37	Heaslip, Scott	11	Seaford 25.66 -2.9
38	Diaz, Marcus	10	East Meadow 25.73 -2.9
39	Dubon, Cesar	12	Riverhead 25.77 -1.3
40	Nafiu, Khaleel	12	Academy Char 25.79 -1.3
41	McGowan, Javon	9	Malverne 25.82 -1.9
42	Mazzella, Gianluigi	10	Garden City 25.86 -1.0
43	Cornett, Tyreke	9	East Meadow 25.88 -1.6
44	Funn, Tatum	9	Riverhead 25.91 0.3
45	Trent, Javon	11	Riverhead 25.94 -1.4
46	Wang, Haohua	10	Syosset 26.05 -1.0
47	Spence, Sekani	11	Malverne 26.09 -2.0
48	Maldonado, Adelson	12	Riverhead 26.15 -1.9
49	Dorismond, Jovani	10	Academy Char 26.21 -1.2
50	McQueen, Samuel	11	Academy Char 26.22 -1.6
51	Melkonian, Thomas	10	Garden City 26.34 -1.6
52	Oliveira, Steven	12	Island Trees 26.34 -3.3
53	Sylvester, Amari	11	Malverne 26.41 -1.9
54	Morgan, Dwayne	9	Riverhead 26.42 -1.4
55	Esposito, Thomas	9	Plainedge 26.63 0.3
56	Kondakalla, Nitin	12	Syosset 26.72 -2.9
57	Lee, Raymond	11	East Meadow 26.75 -1.2
58	Charlie, Garcia Cerna	12	Riverhead 26.83 -2.9
59	Blue, Jordan	11	Malverne 27.01 -2.0
60	Lui, Tyler	10	Plainedge 27.20 -2.0
61	Chen, Vincent	10	Garden City 27.20 0.3
62	Stephens, Matthew	10	Malverne 27.27 -3.3
63	Gallo, Tom	12	Riverhead 27.28 -1.6
64	Smith, Jordan	10	Malverne 27.41 -2.0
65	Qin, Jason	11	Seaford 27.46 -1.8
66	Romeo, Matthew	10	Wellington C 27.51 -3.3
67	Grant, Isaiah	11	Academy Char 27.55 0.3
68	DaSilva, Dre	10	Seaford 27.61 -2.1
69	Molina, Noah	9	General Doug 27.70 0.3
70	Lambert Watkins, Anthony	11	Glen Cove 28.26 -2.0
71	Irving, Shiloh	11	Malverne 28.47 -2.5
72	Roldan, Gabriel	10	Wellington C 28.51 -2.5
73	Stevens, Isaiah	11	Academy Char 28.58 -1.8
74	Jingeeski, Jack	10	General Doug 28.61 -1.9
75	Cato, Joel-Luke	10	Plainedge 28.61 -1.9
76	Gabrielson, Eric	9	Riverhead 28.69 -2.1
77	Dennis, Malik	9	Riverhead 28.74 -1.8
78	Smith, Jackson	9	General Doug 28.90 -1.8



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79	Ross, Anthony	9	General Doug	29.03	-3.1	80	Caesar, Mekhi	12	Malverne	29.25	-2.1
						81	Roche, Robert	10	Plainedge	29.52	-0.9
						82	Michel, Rodney	10	Wellington C	29.53	-2.5
						83	Chen, Ryan	9	General Doug	29.63	-1.8
						84	Pharr, Aedan	10	Riverhead	29.87	-2.0
						85	Giorgianni, Braiden	9	Wellington C	29.96	-2.5
						86	Colella, James	11	General Doug	30.19	-2.5
						87	Mendez, Juan	11	Academy Char	30.29	-2.0
						88	Mouzakitis, Dimitri	10	Plainedge	30.30	-3.1
						89	Langiulli, Jason	10	General Doug	30.36	-2.0
						90	Downey, John	10	Seaford	30.41	-3.1
						91	Ren, Jeffrey	10	Seaford	30.85	-2.1
						92	Nieto, Matt	10	Riverhead	31.23	-1.8
						93	Kanellopoulos, Lucas	11	Seaford	31.54	-2.1
						94	Balsam, Tyler	12	Seaford	31.79	-2.0
						95	Trinidad, cristian	9	Riverhead	32.36	-3.1
						96	Freilich, Robert	11	General Doug	32.47	-2.1
						97	Zagrebin, Denys	9	Seaford	33.93	-0.9

Boys 400 Meter Dash Open

		Name	Yr	School	Finals
Finals					
1	Brosnan, Jack	9	Farmingdale	51.11	
2	Lee, Brenton	11	Syosset	51.31	
3	Bonomi, Joseph	11	Garden City	52.96	
4	Seay, Tremayne	12	Riverhead	53.17	
5	Longobucco, Jack	12	General Doug	53.49	
6	Grewal, Sameer	12	East Meadow	54.10	
7	Ricketts JR, Ricardo	11	Malverne	54.27	
8	Escoffery, Connor	11	Garden City	54.30	
9	Bresnihan, Colin	11	Massapequa	54.68	
10	Li, Leonard	12	Massapequa	55.02	
11	Senat, Ralph	12	Roosevelt	55.55	
12	Dubon, Cesar	12	Riverhead	55.68	
13	Chan, Timothy	12	Syosset	56.22	
14	Ruschin, Kyle	12	Riverhead	56.23	
15	Freuman, Stephen	11	Farmingdale	56.45	
16	Gutierrez, Jayson	12	Syosset	56.56	
17	Braunstein, Andrew	12	Massapequa	56.63	
18	Lespinasse, Jace	10	Malverne	56.64	
19	Kondakalla, Nitin	12	Syosset	56.68	
20	Heaslip, Scott	11	Seaford	56.96	
21	Blue, Jordan	11	Malverne	57.52	
22	Ye, Hang	11	East Meadow	57.54	
23	Kim, Aidan	12	Syosset	57.66	
24	Ragone, Nicholas	10	Farmingdale	57.81	
25	DelPesce, Sal	12	Farmingdale	58.46	
26	Oliveira, Steven	12	Island Trees	59.24	
27	Maggio, Jonathon	10	General Doug	59.28	



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Finals ... (Boys 400 Meter Dash Open)

Name	Yr	School	Finals
28 Bevinetto, Nicholas	12	Island Trees	59.57
29 Nicosia, David	12	Farmingdale	59.95
30 McQueen, Samuel	11	Academy Char	1:00.10
31 Shah, Hersh	11	Syosset	1:00.53
32 Azcona, J.D.	12	W. Tresper C	1:00.76
33 Finkel, Jake	12	Farmingdale	1:01.39
34 Nafiu, Khaleel	12	Academy Char	1:01.57
35 Ignatiou, Andrew	11	East Meadow	1:02.15
36 Mendez, Erasmo	11	Glen Cove	1:02.52
37 Jingeleski, Jack	10	General Doug	1:04.69
38 Greenberg, Nadav	11	Syosset	1:06.50
39 Fitzgerald, Logan	10	Seaford	1:06.91
40 Song, Brian	12	Roslyn	1:10.52
41 Phillip, Jonathan	11	Roslyn	1:12.40

Boys 800 Meter Run Open

Name	Yr	School	Finals
1 Ferraiolo, Luke	10	Farmingdale	2:02.22
1:01.218 (1:01.218)	3:48.786 (2:47.569)		
2 Funk, Riley	10	Paul D. Schr	2:03.68
1:01.186 (1:01.186)	3:50.254 (2:49.069)		
3 Asselta, Joseph	12	Paul D. Schr	2:05.01
1:01.545 (1:01.545)	3:28.191 (2:26.647)		
4 Burns, David	12	Riverhead	2:05.15
1:02.672 (1:02.672)	3:51.720 (2:49.049)		
5 Egan, James	11	Garden City	2:05.66
1:02.700 (1:02.700)	3:28.834 (2:26.135)		
6 Hernandez, John	12	Syosset	2:06.90
1:02.399 (1:02.399)	3:30.074 (2:27.676)		
7 Chan, Daniel	12	Syosset	2:08.52
1:01.937 (1:01.937)	3:31.700 (2:29.764)		
8 DeGregori, Daniel	12	East Meadow	2:09.17
1:03.212 (1:03.212)	3:32.349 (2:29.138)		
9 Furio, Jonathan	12	Riverhead	2:09.32
1:03.093 (1:03.093)	3:32.500 (2:29.408)		
10 Patel, Anuj	12	Syosset	2:10.21
1:03.016 (1:03.016)	3:33.387 (2:30.372)		
11 Reilly, Max	12	Island Trees	2:13.59
1:07.056 (1:07.056)	2:13.585 (1:06.529)		
12 Munro, Myles	10	Seaford	2:13.66
1:06.649 (1:06.649)	2:13.659 (1:07.010)		
13 Garcia, Andrew	12	Riverhead	2:13.98
1:05.564 (1:05.564)	2:13.971 (1:08.407)		
14 McGowan, Brady	11	Seaford	2:14.43
1:06.716 (1:06.716)	2:14.429 (1:07.713)		

15 Crane, Colin	11	Garden City	2:15.91
1:07.616 (1:07.616)	2:15.901 (1:08.285)		
16 Restivo, Jake	11	Paul D. Schr	2:16.69
1:06.493 (1:06.493)	2:16.687 (1:10.194)		
17 Martinez, Bryan	11	Riverhead	2:17.34
1:07.194 (1:07.194)	2:17.331 (1:10.137)		
18 Ventricelli, Steven	11	Plainedge	2:17.77
1:07.802 (1:07.802)	2:17.769 (1:09.967)		
19 Capuano, Samuel	11	Paul D. Schr	2:18.87
1:08.030 (1:08.030)	2:18.864 (1:10.834)		
20 Moyer, Zach	9	Farmingdale	2:20.41
1:08.267 (1:08.267)	2:20.408 (1:12.141)		
21 Leahy, Patrick	11	Seaford	2:21.03
1:08.774 (1:08.774)	2:21.028 (1:12.254)		
22 Naqvi, Wasi	12	General Doug	2:21.52
1:07.999 (1:07.999)	2:21.513 (1:13.514)		
23 Wood, Charlie	11	Cold Spring	2:22.53
1:07.042 (1:07.042)	2:22.522 (1:15.480)		
24 Esteban Arreaga, Darwin	12	Riverhead	2:24.55
1:07.909 (1:07.909)	2:24.543 (1:16.634)		
25 Maderich, Joseph	10	Plainedge	2:24.87
1:08.573 (1:08.573)	2:24.870 (1:16.297)		
26 Bevinetto, Nicholas	12	Island Trees	2:27.12
1:12.827 (1:12.827)	2:27.114 (1:14.287)		
27 Randazzo, Andrew	12	Seaford	2:27.23
1:13.588 (1:13.588)	2:27.225 (1:13.637)		
28 Hernandez, Rosell	11	Academy Char	2:27.90
1:09.236 (1:09.236)	2:27.894 (1:18.658)		
29 Yanes, Kevin	12	Riverhead	2:28.33
1:07.378 (1:07.378)	2:28.328 (1:20.950)		
30 Pinkhasov, Ethan	11	Roslyn	2:31.76
1:11.911 (1:11.911)	2:31.756 (1:19.845)		
31 Griffin, Barnaby	11	Paul D. Schr	2:33.94
1:12.286 (1:12.286)	2:33.938 (1:21.652)		
32 Nodelman, Jeffrey	11	Wellington C	2:34.07
1:16.258 (1:16.258)	2:34.066 (1:17.808)		
33 Rodas, Jesus	10	Riverhead	2:35.59
1:16.525 (1:16.525)	2:35.585 (1:19.060)		
34 Berkowitz, Phillip	12	Wellington C	2:45.12
1:23.016 (1:23.016)	2:45.115 (1:22.099)		
35 Chandra, Amar	11	Roslyn	2:47.27
1:17.856 (1:17.856)	2:47.265 (1:29.409)		
36 Coons, Brandon	12	Seaford	2:47.39
1:18.926 (1:18.926)	2:47.388 (1:28.462)		



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Boys 1600 Meter Run Open

Name	Yr	School	Finals
Finals			
1 Altman, Jordan	12	Syosset	4:26.57
1:08.751 (1:08.751)	2:16.047 (1:07.297)	3:23.706 (1:07.659)	
4:26.562 (1:02.857)			
2 Voynovich, Matthew	12	Roslyn	4:36.97
1:09.326 (1:09.326)	2:17.252 (1:07.927)	3:27.243 (1:09.992)	
4:36.968 (1:09.725)			
3 Munro, Myles	10	Seaford	4:40.97
1:11.547 (1:11.547)	2:21.732 (1:10.185)	3:30.203 (1:08.472)	
4:40.968 (1:10.765)			
4 Maute, Harrison	11	Paul D. Schr	4:46.43
1:09.128 (1:09.128)	2:18.145 (1:09.017)	3:31.442 (1:13.298)	
4:46.423 (1:14.982)			
5 Benaharon, Leo	11	Roslyn	4:46.86
1:11.208 (1:11.208)	2:22.596 (1:11.388)	3:35.162 (1:12.567)	
4:46.860 (1:11.698)			
6 Theodoropoulos, Steven	11	Paul D. Schr	4:47.28
1:10.515 (1:10.515)	2:22.550 (1:12.035)	3:36.348 (1:13.799)	
4:47.273 (1:10.925)			
7 Eddelson, Jake	11	Wellington C	4:47.56
1:10.800 (1:10.800)	2:22.931 (1:12.132)	3:36.096 (1:13.165)	
4:47.553 (1:11.458)			
8 Bowe, Tim	12	Riverhead	4:49.83
1:08.980 (1:08.980)	2:17.785 (1:08.805)	3:32.405 (1:14.620)	
4:49.821 (1:17.417)			
9 West, Lance	12	Riverhead	4:51.32
1:11.685 (1:11.685)	2:24.712 (1:13.028)	3:38.728 (1:14.017)	
4:51.312 (1:12.584)			
10 McGowan, Brady	11	Seaford	4:51.67
1:13.163 (1:13.163)	2:29.360 (1:16.198)	3:42.635 (1:13.275)	
4:51.661 (1:09.027)			
11 Waters, James	11	Wellington C	4:52.44
1:11.858 (1:11.858)	2:25.335 (1:13.477)	3:40.182 (1:14.848)	
4:52.435 (1:12.253)			
12 Reilly, Max	12	Island Trees	4:53.12
1:11.175 (1:11.175)	2:26.440 (1:15.265)	3:42.341 (1:15.902)	
4:53.116 (1:10.775)			
13 Mohamed, Zyad	11	East Meadow	4:54.41
1:10.177 (1:10.177)	2:22.303 (1:12.127)	3:36.576 (1:14.273)	
4:54.407 (1:17.832)			
14 Angotti, Joseph	12	Syosset	4:57.05
1:12.563 (1:12.563)	2:28.934 (1:16.372)	3:44.713 (1:15.779)	
4:57.043 (1:12.330)			
15 Lebolt, Jesse	11	Syosset	4:57.72
1:15.795 (1:15.795)	2:31.610 (1:15.815)	3:45.206 (1:13.597)	
4:57.717 (1:12.512)			



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16	Butt, Daniel	12	Garden City	4:58.32
	1:10.426 (1:10.426)		2:23.138 (1:12.713)	3:40.160 (1:17.022)
	4:58.313 (1:18.154)			
17	Ventura, Andres	12	W. Tresper C	4:59.22
	1:12.190 (1:12.190)		2:29.281 (1:17.092)	3:46.828 (1:17.547)
	4:59.218 (1:12.390)			
18	Nieto, Brandon	11	Riverhead	4:59.66
	1:13.349 (1:13.349)		2:29.445 (1:16.097)	3:45.919 (1:16.474)
	4:59.651 (1:13.733)			
19	Chan, Kenneth	12	East Meadow	4:59.73
	1:13.106 (1:13.106)		2:29.410 (1:16.304)	3:46.590 (1:17.180)
	4:59.724 (1:13.134)			
20	McAlea, Tyler	11	Garden City	5:00.00
	1:08.622 (1:08.622)		2:15.962 (1:07.340)	3:28.490 (1:12.528)
	4:59.998 (1:31.509)			
21	Sanchez, Stefano	12	Syosset	5:00.49
	1:13.500 (1:13.500)		2:29.154 (1:15.654)	3:45.200 (1:16.047)
	5:00.488 (1:15.288)			
22	Marro, Max	11	Paul D. Schr	5:00.51
	1:12.866 (1:12.866)		2:28.258 (1:15.392)	3:44.580 (1:16.323)
	5:00.505 (1:15.925)			
23	Bar Kochva, Gabriel	12	Island Trees	5:01.49
	1:14.928 (1:14.928)		2:29.105 (1:14.178)	3:46.419 (1:17.314)
	5:01.484 (1:15.065)			
24	Fahmy, Jeremy	11	Paul D. Schr	5:01.68
	1:12.460 (1:12.460)		2:28.878 (1:16.418)	3:45.969 (1:17.092)
	5:01.673 (1:15.704)			
25	Figuerado, Brandon	11	Wellington C	5:02.67
	1:13.421 (1:13.421)		2:29.888 (1:16.467)	3:47.416 (1:17.529)
	5:02.661 (1:15.245)			
26	DiStefano, Dino	11	Riverhead	5:12.65
	1:13.939 (1:13.939)		2:31.569 (1:17.630)	3:51.345 (1:19.777)
	5:12.642 (1:21.298)			
27	Leahy, Patrick	11	Seaford	5:14.35
	1:15.660 (1:15.660)		2:35.100 (1:19.440)	3:56.856 (1:21.757)
	5:14.350 (1:17.494)			
28	Morgan, William	11	Garden City	5:14.70
	1:13.607 (1:13.607)		2:32.986 (1:19.379)	3:55.749 (1:22.763)
	5:14.699 (1:18.950)			
29	Randazzo, Andrew	12	Seaford	5:17.79
	1:15.822 (1:15.822)		2:37.221 (1:21.399)	4:02.682 (1:25.462)
	5:17.781 (1:15.099)			
30	Shea, Kevin	11	Glen Cove	5:20.40
	1:16.312 (1:16.312)		2:38.714 (1:22.402)	4:04.265 (1:25.552)
	5:20.400 (1:16.135)			
31	Feeney, Oliver	11	Syosset	5:25.83
	1:17.026 (1:17.026)		2:39.136 (1:22.110)	4:02.939 (1:23.803)
	5:25.824 (1:22.885)			

NASSAU COACHES INVITE



Nassau Coaches Inviational - 4/22/2023

Cold Spring Harbor High School

Results

Finals ... (Boys 1600 Meter Run Open)

Name	Yr	School	Finals
32 Fauci, Nicholas	12	Wellington C	5:27.81
1:15.425 (1:15.425)	2:36.799 (1:21.374)	4:02.195 (1:25.397)	5:27.806 (1:25.612)
33 Lindo, Nicholas	11	W. Tresper C	5:28.31
1:16.726 (1:16.726)	2:39.187 (1:22.462)	4:04.800 (1:25.613)	5:28.310 (1:23.510)
34 Ignatiou, Andrew	11	East Meadow	5:37.93
1:17.657 (1:17.657)	2:45.016 (1:27.359)	4:15.537 (1:30.522)	5:37.930 (1:22.393)
35 Hernandez, Rosell	11	Academy Char	5:38.60
1:17.354 (1:17.354)	2:40.607 (1:23.254)	4:12.937 (1:32.330)	5:38.597 (1:25.660)
36 Israel, Jack	11	Wellington C	5:53.56
1:22.956 (1:22.956)	2:53.860 (1:30.904)	4:24.746 (1:30.887)	5:53.556 (1:28.810)
37 Coons, Brandon	12	Seaford	6:09.58
1:22.012 (1:22.012)	2:53.969 (1:31.957)	4:30.926 (1:36.958)	6:09.574 (1:38.648)

Boys 110 Meter Hurdles Open

Name	Yr	School	Finals
1 Confort, Angelo	12	Riverhead	15.04 1.9
2 Talamo, Sergio	12	Massapequa	15.78 1.6
3 Gacha, Rameez	12	Farmingdale	16.09 1.9
4 Vaccaro, Joseph	12	Jfk Bellmore	16.69 1.9
5 Scarry, Ryan	11	Plainedge	17.04 1.9
6 Hise, James	11	Riverhead	17.09 1.9
7 Turnbull, John	11	East Meadow	17.52 1.9
8 Spence, Sekani	11	Malverne	17.66 1.8
9 Chen, Eric	12	Roslyn	18.18 1.8
10 Dalto, Michael	10	Farmingdale	18.84 1.8
11 Beresford, Thomas	12	Farmingdale	19.21 1.6
12 D'Orio, Ryan	11	Seaford	19.74 1.8
13 Gould, Jacob	9	Farmingdale	20.16 1.8
14 Campbell, Tyler	10	Riverhead	20.53 1.6
15 Molina, Noah	9	General Doug	20.85 1.6
16 Galdamez, Selhvin	10	Riverhead	21.50 1.6
17 Rozzo, Joseph	11	Plainedge	21.75 1.6

Boys 400 Meter Hurdles Open

Name	Yr	School	Finals
1 Vargas, Dylan	12	General Doug	57.99
2 Scarry, Ryan	11	Plainedge	1:04.37
3 Berkowitz, Justin	11	East Meadow	1:04.71
4 Hise, James	11	Riverhead	1:05.80

5 Coll, Patrick	10	Island Trees	1:06.44
6 Senat, Ralph	12	Roosevelt	1:06.86
7 Georgiadis, Konstantinos	10	Manhasset	1:06.88
8 Polakowski, Dominick	12	Riverhead	1:07.05
9 Klocek, Aidan	9	Garden City	1:07.10
10 Maggio, Jonathon	10	General Doug	1:07.28
11 Levine, Samuel	11	Paul D. Schr	1:07.82
12 Campbell, Tyler	10	Riverhead	1:09.02
13 Marcelin, Carlo	12	Massapequa	1:09.84
14 Galdamez, Selhvin	10	Riverhead	1:11.43
15 Dalto, Michael	10	Farmingdale	1:12.38
16 Huron, Marshall	10	Paul D. Schr	1:14.53
17 Rowland, Sean	10	Riverhead	1:15.02
18 Rozzo, Joseph	11	Plainedge	1:19.16
--- Nicosia, David	12	Farmingdale	DQ

Boys 3000 Meter Steeplechase Open

Name	Yr	School	Finals
1 Alawadhi, Elyias	12	Manhasset	10:47.68
2:05.799 (2:05.799)	4:58.578 (2:52.779)	10:47.671 (5:49.093)	
2 Huinink, Stije	10	Manhasset	10:58.46
2:09.268 (2:09.268)	3:36.397 (1:27.129)	5:06.423 (1:30.027)	10:58.459 (5:52.037)
3 Lindow, Daniel	12	East Meadow	11:03.44
45.662 (45.662)	2:09.963 (1:24.302)	3:35.824 (1:25.862)	5:05.209 (1:29.385)
11:03.439 (5:58.230)			
4 Ferraiolo, Luke	10	Farmingdale	11:12.57
2:11.849 (2:11.849)	11:12.569 (9:00.720)		
5 Bir, Kyle	10	East Meadow	11:22.65
47.593 (47.593)	2:13.723 (1:26.130)	11:22.648 (9:08.925)	
6 Greco, Thomas	10	Plainedge	11:22.99
44.654 (44.654)	46.811 (2:157)	2:10.257 (1:23.447)	
3:38.767 (1:28.510)	5:10.244 (1:31.478)	11:22.982 (6:12.738)	
7 Calderon, Tristan	10	East Meadow	11:43.09
48.642 (48.642)	2:18.901 (1:30.259)	3:53.329 (1:34.429)	
5:27.292 (1:33.963)	11:43.081 (6:15.789)		
8 O'Rourke, Jack	12	Farmingdale	11:51.11
11:51.109 (11:51.109)			
9 Berkowitz, Ethan	10	Roslyn	11:52.93
45.763 (45.763)	2:09.521 (1:23.758)	3:39.973 (1:30.453)	
11:52.927 (8:12.954)			
10 Davidson, Benjamin	9	Roslyn	12:00.08
47.134 (47.134)	2:11.011 (1:23.877)	12:00.074 (9:49.064)	
11 Carle, Zachary	12	Farmingdale	12:03.88
48.517 (48.517)	2:18.852 (1:30.335)	5:29.806 (3:10.954)	
12:03.873 (6:34.068)			



Nassau Coaches Inviational - 4/22/2023
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Results

Finals ... (Boys 3000 Meter Steeplechase Open)

Name	Yr	School	Finals
12 Carle, Caleb	10	Farmingdale	12:27.89
43.029 (43.029)	49.491 (6.462)	2:28.182 (1:38.692)	
4:07.186 (1:39.004)	5:49.871 (1:42.685)	11:03.438 (5:13.568)	
12:27.889 (1:24.452)			
13 Kaplan, Dylan	12	East Meadow	12:36.92
2:21.164 (2:21.164)	5:36.674 (3:15.510)	12:36.913 (7:00.239)	
14 Duhs, William	9	East Meadow	13:31.53
2:26.188 (2:26.188)	13:31.527 (11:05.339)		

Boys 4x100 Meter Relay Open

Team	Relay	Finals
Finals		
1 Syosset	A	43.11
2 Malverne	A	44.17
3 Roosevelt	A	44.52
4 Riverhead	A	44.86
5 Spring Creek Campus	A	46.81
6 East Meadow	A	47.49
7 Plainedge	A	50.26
8 Massapequa	A	52.01

Boys 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Massapequa	A	3:48.52
54.826 (54.826)	1:50.627 (55.801)	2:49.536 (58.909)
3:48.511 (58.975)		
2 East Meadow	A	3:53.72
56.984 (56.984)	1:56.148 (59.164)	2:57.106 (1:00.958)
3:53.716 (56.610)		
3 Riverhead	B	4:01.23
57.607 (57.607)	1:59.330 (1:01.723)	3:00.695 (1:01.365)
4:01.226 (1:00.531)		
4 Roosevelt	A	4:04.88
1:11.571 (1:11.571)	2:09.885 (58.314)	3:05.528 (55.643)
4:04.871 (59.343)		
5 Riverhead	A	4:08.35
58.997 (58.997)	2:03.522 (1:04.525)	3:06.472 (1:02.950)
4:08.344 (1:01.872)		

Boys 4x800 Meter Relay Open

Team	Relay	Finals
Finals		
1 Riverhead	A	8:58.63
2:11.047 (2:11.047)	4:27.348 (2:16.301)	6:45.059 (2:17.711)
8:58.626 (2:13.567)		

2 Wellington C. Mephram	A	10:08.68
2:13.723 (2:13.723)	4:48.609 (2:34.886)	7:34.299 (2:45.690)
10:08.676 (2:34.377)		

Boys High Jump Open

Name	Yr	School	Finals
Finals			
1 Williams, Aaron	12	Roslyn	6-00.00
2 St George, Noah	11	Massapequa	5-10.00
3 Talmadge, Bakail	12	Roosevelt	J5-10.00
4 abdul-kareem, esah	11	Roosevelt	5-08.00
5 Segura, Jonathan	12	W. Tresper C	5-04.00
5 Brunskill, Demetris	12	Riverhead	5-04.00
7 Vaccaro, Joseph	12	Jfk Bellmore	J5-04.00
8 Burns, David	12	Riverhead	5-02.00
9 Maltese, Nicholas	12	Farmingdale	J5-02.00
10 Boyle, Christian	12	Riverhead	5-00.00
11 Hollywood, Jack	12	W. Tresper C	J5-00.00
--- Maderich, Joseph	10	Plainedge	NH

Boys Pole Vault Open

Name	Yr	School	Finals
Finals			
1 Talamo, Sergio	12	Massapequa	11-06.00
2 Corrigan, Matthew	11	Massapequa	10-06.00
3 Pryor, Liam	12	Garden City	J10-06.00
3 Doherty, Brendan	11	Paul D. Schr	J10-06.00
5 Krumbiegel, Loudon	11	Riverhead	10-00.00
6 Schlectman, Aaron	11	East Meadow	9-06.00
7 Hubbard, John	11	Riverhead	J9-06.00
8 Marangio, Kalum	11	Riverhead	9-00.00
8 Maltese, Nicholas	12	Farmingdale	9-00.00
--- Braunstein, Andrew	12	Massapequa	NH

Boys Long Jump Open

Name	Yr	School	Finals
Finals			
1 Burns, David	12	Riverhead	19-10.25 NWI
2 Gacha, Rameez	12	Farmingdale	19-06.75 NWI
2 Jeremiah, Maynard	12	Roosevelt	19-06.75 NWI
4 Confort, Angelo	12	Riverhead	18-10.25 NWI
5 abdul-kareem, esah	11	Roosevelt	18-09.50 NWI
6 Morgan, Trevon	12	Wellington C	17-10.00 NWI
7 St George, Noah	11	Massapequa	17-08.50 NWI
8 Turnbull, John	11	East Meadow	16-08.50 NWI
9 Zhang, Youyuan	11	Garden City	16-07.50 NWI
10 Miller, Dhani	12	Farmingdale	16-00.00 NWI
11 Lee, Raymond	11	East Meadow	15-06.50 NWI
11 Esposito, Thomas	9	Plainedge	15-06.50 NWI



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Cold Spring Harbor High School

Results

Finals ... (Boys Long Jump Open)

Name	Yr	School	Finals
13 Maderich, Joseph	10	Plainedge	15-05.00 NWI

Boys Triple Jump Open

Name	Yr	School	Finals
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Finals

1 Bennett, Joel	12	Spring Creek	44-07.50 NWI
2 Greene-Gray, Justin	12	Riverhead	42-02.00 NWI
3 Smith, Torian	12	Roslyn	39-04.50 NWI
4 Williams, Aaron	12	Roslyn	38-07.00 NWI
5 Pinilla, Julian	12	Roslyn	38-00.00 NWI
6 Veneziano, Ben	12	Roslyn	37-09.50 NWI
7 Gacha, Rameez	12	Farmingdale	37-08.50 NWI
8 Chodosch, Benjamin	11	Paul D. Schr	36-07.50 NWI
9 Lee, Raymond	11	East Meadow	35-03.00 NWI
10 Gallo, Tom	12	Riverhead	34-07.00 NWI
11 Corrigan, Matthew	11	Massapequa	34-00.00 NWI
12 Berkowitz, Justin	11	East Meadow	31-00.00 NWI

Boys Shot Put Open

Name	Yr	School	Finals
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Finals

1 Moritz, Ryan	11	Farmingdale	50-07.75
2 Mullen, Kyle	12	Farmingdale	45-09.50
3 Cresciullo, Andrew	12	Garden City	44-05.00
4 Bodner, Bryson	11	Paul D. Schr	44-03.00
5 Rodriguez, Nigel	12	Glen Cove	43-00.75
6 Sanders, Brady	11	Massapequa	41-06.00
7 Kuller, Jake	11	Farmingdale	41-04.00
8 Keane, Sean	11	Riverhead	40-05.25
9 Bjarnson, Jacob	10	Farmingdale	39-05.50
10 Restivo, Nicolas	12	Paul D. Schr	38-11.25
11 Southard, John	12	Paul D. Schr	38-10.75
12 McWilliams, Daniel	11	Massapequa	38-06.00
13 Musso, Maximo	11	Massapequa	37-11.00
14 Holtzman, Owen	11	Garden City	37-08.50
15 Darienzo, Alex	11	Farmingdale	37-07.75
16 Tafuro, Anthony	11	Farmingdale	37-06.50
17 Collins, Alec	12	Cold Spring	36-10.00
18 Goldsmith, Jesse	10	Roslyn	36-04.00
19 Duffy, John	11	Massapequa	36-01.00
20 Bonilla, Bryan	11	Glen Cove	35-01.00
21 Adorno, Peyton	12	Seaford	34-05.00
22 Thornton, Robert	11	Paul D. Schr	34-04.00
23 Sanchez, Frank	11	Riverhead	34-02.25
24 O'Neill, John	11	Garden City	33-11.75
25 Olivier, Emanuel	11	Glen Cove	33-07.75
26 Petrescu, Dennis	11	Island Trees	33-06.00

27 McCauley, Jason	11	Massapequa	32-11.50
28 Palumbo, Anthony	12	Island Trees	32-08.25
29 Mardice, Andy	11	Riverhead	30-08.00
30 Lee, Paul	9	Roslyn	30-03.50
31 Ricketts, Richard	11	Malverne	30-01.50
32 Szerencsy, Ian	9	Roslyn	29-02.50
33 Benitez, Elias	10	Glen Cove	29-02.25
34 Daniels, Aiden	11	Riverhead	28-09.75
35 Camassar, Ross	10	Roslyn	28-06.50
36 Carroll, William	11	W. Tresper C	28-04.50
37 Romero-Granados, Jason	9	Roslyn	27-04.00
38 Calderado, Kieran	11	Seaford	25-11.00
39 DiLeonardo, Cole	11	Plainedge	25-09.50
40 Jia, Li Hao	10	Roslyn	25-08.75
41 Russo, Joseph	10	Plainedge	19-07.50

Boys Discus Throw Open

Name	Yr	School	Finals
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Finals

1 Moritz, Ryan	11	Farmingdale	141-00
2 Cresciullo, Andrew	12	Garden City	140-04
3 Holtzman, Owen	11	Garden City	135-00
4 Bonilla, Bryan	11	Glen Cove	132-05
5 Bodner, Bryson	11	Paul D. Schr	122-03
6 Mullen, Kyle	12	Farmingdale	119-11
7 Keane, Sean	11	Riverhead	119-02
8 O'Neill, John	11	Garden City	117-09
9 Adorno, Peyton	12	Seaford	115-02
10 McWilliams, Daniel	11	Massapequa	113-10
11 Collins, Alec	12	Cold Spring	111-11
12 Restivo, Nicolas	12	Paul D. Schr	110-06
13 Sanders, Brady	11	Massapequa	106-00
14 Bjarnson, Jacob	10	Farmingdale	99-01
15 McCauley, Jason	11	Massapequa	97-11
16 Southard, John	12	Paul D. Schr	95-03
17 Petrescu, Dennis	11	Island Trees	94-09
18 Rodriguez, Nigel	12	Glen Cove	92-10
19 Duffy, John	11	Massapequa	92-07
20 Palumbo, Anthony	12	Island Trees	91-01
21 Loughlin, Ryan	11	Farmingdale	90-05
22 Olivier, Emanuel	11	Glen Cove	83-05
23 Musso, Massimo	11	Massapequa	82-07
24 Carroll, William	11	W. Tresper C	81-05
25 Daniels, Aiden	11	Riverhead	71-10
26 Thornton, Robert	11	Paul D. Schr	71-08
27 Sanchez, Frank	11	Riverhead	70-04
28 Benitez, Elias	10	Glen Cove	69-09
29 Calderado, Kieran	11	Seaford	67-03
30 Mardice, Andy	11	Riverhead	65-02



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Results

Finals ... (Boys Discus Throw Open)

	Name	Yr	School	Finals
31	Smith, Aidan	10	Cold Spring	64-09
32	DiLeonardo, Cole	11	Plainedge	58-11
33	Russo, Joseph	10	Plainedge	58-07

